



Getting to Know

We want to share the great things and the hard parts of being a respite worker for _____. This will help you to decide if this position is the best fit for you. This sheet provides very brief information about our loved one, so please ask questions.

Meet _____

Caregivers - use this area to list introductory information about your loved one such as interests, likes, dislikes, and things important for the Respite Provider should know.

Important People in our Lives

Caregivers - use this spot to mention family members, other care providers, or important people in your loved one's life

Typical Day

Caregivers - use this area to provide a very brief overview of some of the important things that happen in your loved one's life (school, work, programs).

What other direct care workers, teachers, and leaders like about working with _____

Caregivers - use this space to tell about feedback from other providers that have worked with your loved one.





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What We Want and Need from our Respite Provider

Caregivers - dress code, timeliness, common courtesies, do's and don't's, tasks around the house, etc.

Skills of our Respite Provider

Caregivers - list skills and characteristics that have helped respite providers in the past successfully work with your loved one

Important Duties that Might be Challenging for You when Caring for

Caregivers - use this space to list tasks or duties that are part of this position that could be challenging. It is important to be honest to find the best fit for your loved one.

We are looking for...

Caregivers - list your schedule expectations, the number of hours each week or month, times of day, length of work i.e. 6 mo, 1 year, etc.

Thank you for taking the time to learn about _____. It is important that you are good fit for this job as it is very disrupting in our lives if we have respite workers leaving often.

This worksheet was adapted from "Find, Choose, and Keep Great DSP's: a toolkit for families"
The full toolkit can be found at: <https://ici.umn.edu/products/375>

