Respite Care Association of Wisconsin

To promote, support, and expand quality statewide respite care across the lifespan.

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ABOUT RCAW:





Statute 46.986 the department shall contract for the administration of life-span respite care projects with an organization to which all of the following apply:

- 1. The organization is a private, nonprofit organization, as defined in s. 108.02 (19), that is capable of operating on a statewide basis and has expertise in respite care issues.
- 2. At least 51 percent of the members of the organization's governing board are consumers of respite care or caregivers.
- 3. The membership of the organization's governing board includes providers and elected officials and represents the diverse geographical areas and cultural groups of the state.

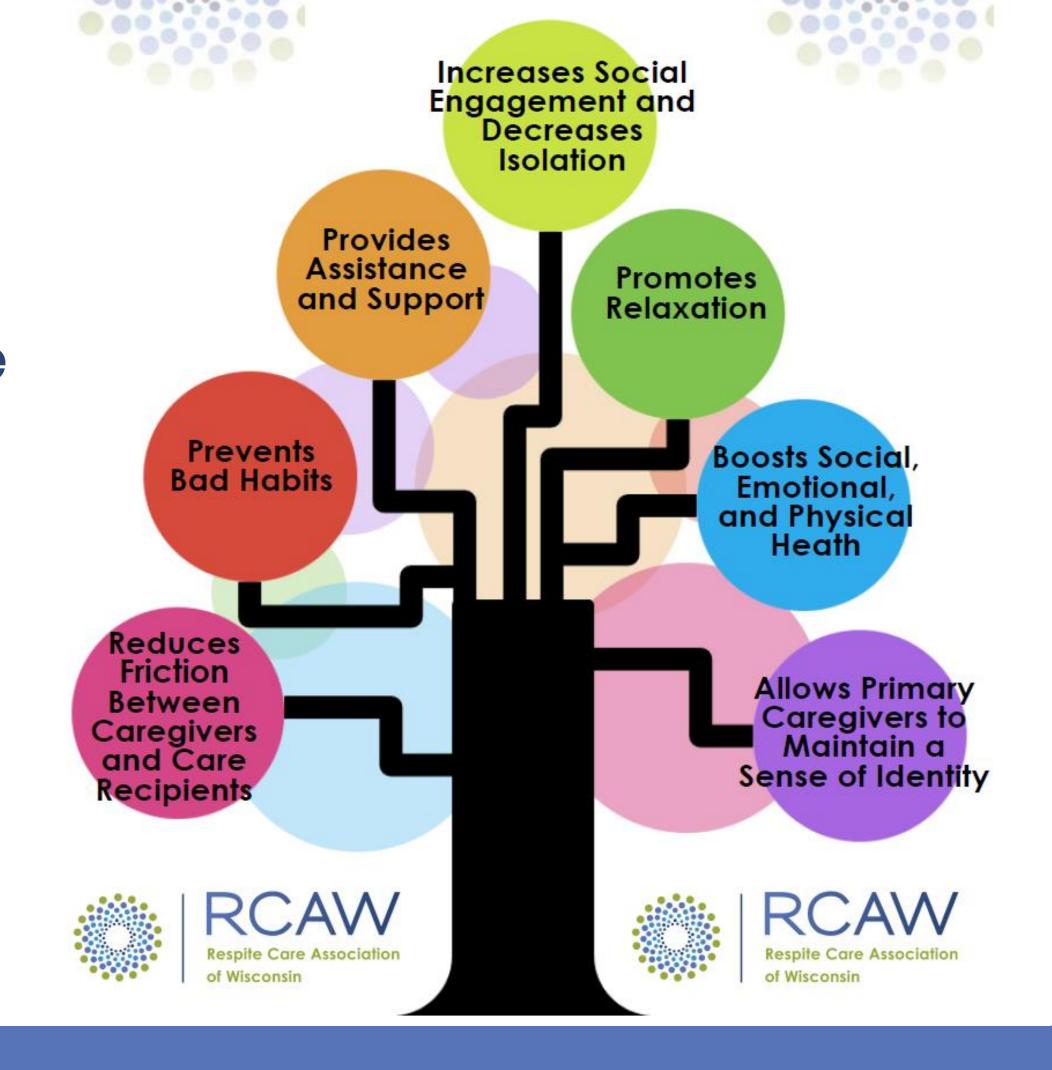
WHO DO WE SERVE? ALL 72 COUNTIES IN WISCONSIN!

About respite care

Respite is planned or emergency care
provided to a care recipient (a person living
with special needs, disabilities, or memory
impairments) to provide temporary relief to
family caregivers.



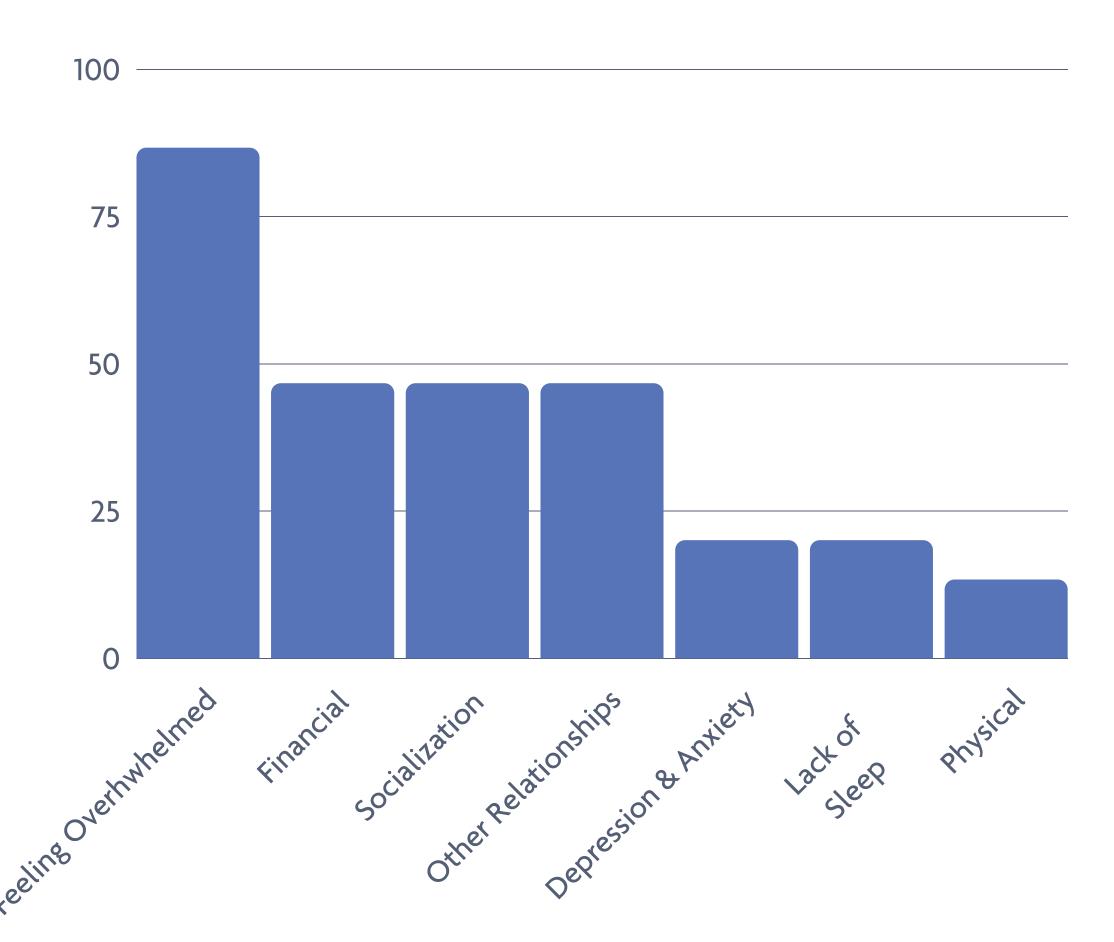
What are the benefits?





What are the top three (3) challenges that you have as a family caregiver?





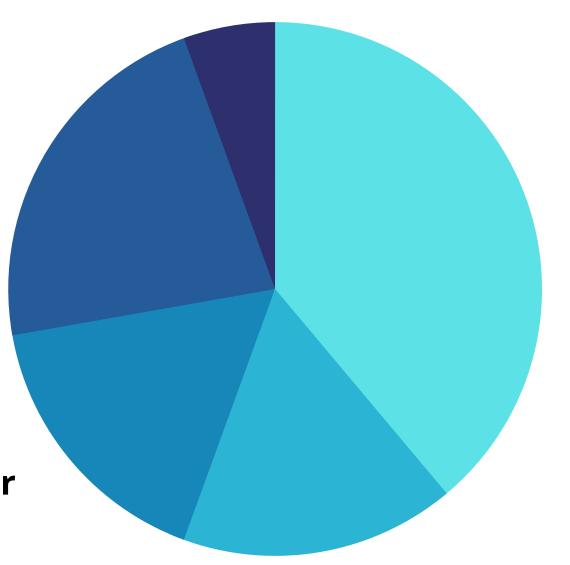
From a recent survey of CRGP awardees conducted by RCAW





Private time to relax, rest, hobbies, etc.

22.2%

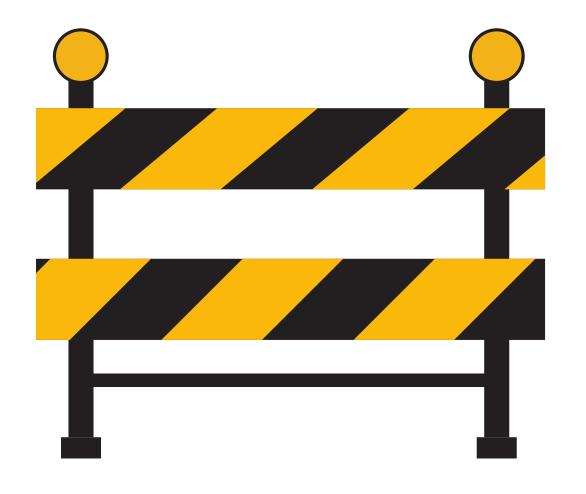


Time with other family members 38.9%

Spent time with spouse or partner 16.7%

Participated in social activities 16.7%

Barriers:



- Caregivers are too proud to accept help,
- Lack of providers,
- Affordability,
- Not trusting others to do the job.

Breaking down barriers:



- Reframe how respite is presented (as a benefit to care-recipient),
- Encourage primary caregivers to be proactive vs. reactive.

FREE Training Opportunities



Online Training Categories

Respite Care Certificate Program

KIT for Respite Providers

KIT for Caregivers

Monthly Mini Courses

Specialized Trainings

Click on the course catalog for a full listing of courses





- The Respite Care Certificate Program (RCCP) is for people interested in providing respite care to individuals with varying disabilities and ages across the lifespan. Learners can work at their own pace to complete the ten required online courses.
- There is no cost for any of the courses. Upon completion of the Respite Care Certificate Program, learners will have the opportunity to be added to the Wisconsin Respite Registry, available to primary caregivers to search for respite care providers in their community.
- The RCCP Courses meet the respite training requirements for Wisconsin Medicaid Home & Community Based Waiver Programs.

RCCP COURSES

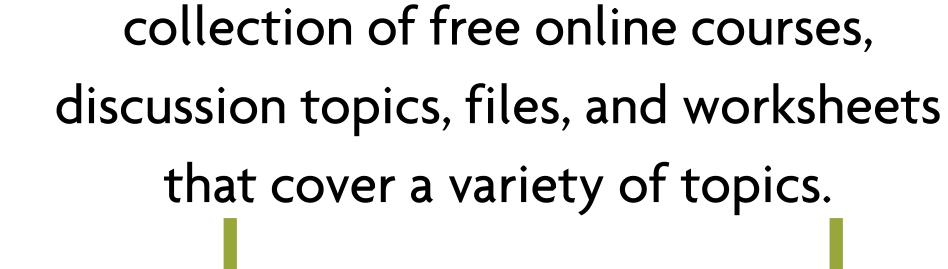
- •101-WI: WHAT IS RESPITE?
- •102: DISABILITY BASICS FOR RESPITE PROVIDERS
- •103: CLIENT CARE FOR RESPITE PROVIDERS
- •104: MEDICATION ADMINISTRATION FOR RESPITE PROVIDERS
- •105-WI: ABUSE & NEGLECT FOR RESPITE PROVIDERS IN WI
- •106: CARING FOR CHALLENGING MOMENTS FOR RESPITE PROVIDERS
- •107: WELLNESS, HOUSEHOLD, AND FREE TIME ACTIVITIES
- •108: PROFESSIONAL ETHICS AND INTERPERSONAL SKILLS FOR RESPITE

PROVIDERS

- •109: MEETING WITH THE CAREGIVER AND CARE RECIPIENT
- •110-WI: NEXT STEPS & THE RCAW RESPITE CARE REGISTRY







RCAW's KIT for respite providers offers a



Becoming an Independent Respite Provider



How to Market Yourself as a Respite Provider









RCAW's KIT for (primary/family)

Caregivers offers a collection of free online courses, discussion topics, files, and worksheets that cover a variety of topics.











Specialized Training

Learners who complete RCAW's RCCP, or primary caregivers, can further their education by requesting a coupon code and taking the following courses, at NO COST:

Dementia Generalist for Family & Friends (unpaid caregivers)





Dementia Generalist for Healthcare Providers

Providers

Dementia-Capable WISCONSIN TRAINING

Dementia Specialist







This FREE registry connects those needing respite care with respite care providers. Direct care professionals or providers can sign up to be respite care providers and find meaningful caregiver jobs. Primary caregivers can search this database for in-home or agency-based respite care providers that most closely meets their needs.

Registry, cont.

- THERE IS NO COST FOR RESPITE PROVIDERS TO BE LISTED ON THE REGISTRY
 AND NO COST TO FAMILY CAREGIVERS TO SEARCH THE REGISTRY.
- RESPITE PROVIDERS ON THE REGISTRY HAVE COMPLETED THE RCCP COURSE.
- THOSE IN NEED OF RESPITE CARE CAN FILTER THEIR SEARCHES BY COUNTY,

 AGE OF CARE RECIPIENT, AND TYPE OF RESPITE CARE.
- REGISTRY FAQs



Jolene Ostman	
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Phone	(715) 790-2462
Address	Barron, WI, 54812-1308
Counties Available to Work In	Barron, Rusk, St. Croix, Washburn
Age(s) Willing to Work With	Children, Adults, Elderly



Hours Available to Work

Starting in June I will be available during the daytime. I am available some overnights during the week and every other weekend.

Type of Respite in-home, facility-based, camp

Experience / History

I am currently employed in an adult family home and have been there for the last 8 years. My clients are or have all had special needs from Down syndrome, autism, developmental delays to physical disabilities. I specialize in challenging behaviors. I have cared for individuals of all ages.

Education / Certifications /

Licenses

I competed high school then went to school to be a Certified Massage Therapist. I am certified in CPR, medication administering and a mandated reporter. I have also completed the Respite Care Certificate Program.

List any other trainings you have completed	I do continuing education every few months that range from nutrition to dementia.
Last Registry Access Date	2021-03-27 13:59:00
Provider Region(s)	Western
Added to Registry	2021-03-27 00:00:00



Caregiver Respite Grant Program (CRGP)

CORE Grant Program (CORE)

Group Respite Grant Program (GRGP)

Supplemental Respite Grant Program (SRGP)

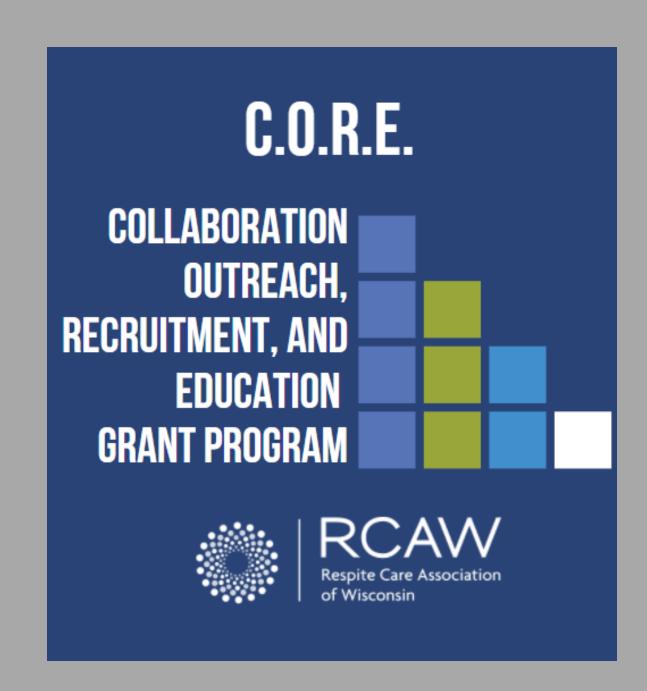




Our Caregiver Respite Grant
Program (CRGP) provides financial
support for family caregivers for up to
five days of respite care within a 90-day
period. The grant helps you pay for
one-on-one personal care from the
caregiver of your choice for your loved
one living with disabilities or special
needs.

To be eligible for the grant, you will need to have supporting documentation from the applicable Aging and Disability Resource Center (ADRC) or county showing you've been turned down for support. This could include information stating that:

- You've applied for Long-term Care Waiver support and are not expecting to receive services or approval within thirty (30) days of the application.
- You've applied for and been denied Long-term Care Waiver support that provides respite services.
- You've applied for and been approved for Long- Term Care Waiver support that provides respite services and have exhausted or will exhaust funding from those programs.
- You've applied for Long-Term Care Waiver support and need the flexibility to hire a friend or family member that is not covered by current funding support.
- You have not applied for Long-Term Care Waiver support, because you are not eligible.



Due to COVID-19 and social distancing guidelines, RCAW is excited to announce that drive-through and virtual events are an allowable expense with CORE Grant Program funds.

RCAW will award up to ten (10) CORE Grants, not to exceed \$3,000, to one (1) county per grant year.

The purpose of the CORE Grant Program is to:

- 1.) Expand the pool of trained respite care providers by hosting recruitment and outreach events,
- 2.) Educate family caregivers about long-term care resources including respite care,
- 3.) Collaborate with agencies that support family caregivers, including but not limited to ADRC's, County CLTS, and CCOP staff, Tribes.



GRGP can help cover the costs of a one-time event or regularly recurring activities such as a support group and is not limited to non-profit or 501c3 organizations.

Whether it's a group of siblings of special needs children, parents of adult children with disabilities, or a group of senior citizens with a handicap, these group activities can bring together people with common life situations for much-needed recreation, bonding, or support!





Supplemental Respite Grant Program (SRGP)

Overview, Policy and Procedure Form

Objective: The **SRGP** is to **support primary caregivers** who cannot be served by other caregiver support programs or Long-Term Support Waiver Programs (*Family Care, IRIS, CLTS, CCOP, NFCSP, AFCSP, Foster Care, Kinship Care*) by providing **\$250** every **ninety days** (up to \$1,000 per year) of funding for supplemental respite services. **Please see the list of specific allowable expenses at the end of this document.**

Policy: Applicants **can reapply after ninety days**, up to four times a year, and must provide all necessary documentation for grant request reviews. These documents include, and not limited to, the Eligibility Criteria Form, Supporting Documentation Form, and the SRGP application.



Who is eligible?

- 1. Is **not expecting to receive services** or approval within thirty (30) days of the application or is on a waitlist,
- 2. Has **been denied** Long-Term Care Waiver support(s) or other programs that provide respite services,
- 3. Has <u>been approved</u> for Long-Term Care Waiver support(s) or other programs that provide respite services and <u>will exhaust funding</u> from said programs,
- 4. Has <u>applied and is receiving LTC-Waiver supports</u>, and the applicant needs the flexibility to hire a family member or friend that is not covered by current funding supports.
- 5. Has <u>not applied</u> for a Long-Term Care Waiver support(s) because they are <u>ineligible for other supports</u>.
- 6. Is **enrolled in the CLTS/CCOP** programs and would benefit from supplemental services through RCAW funding.



What are the allowable expenses?











- 1. Qualified home modifications: Wheelchair ramps, grab bars, interior and exterior accessible intervention,
- Does NOT include construction, painting, remodel, or wear-and-tear upgrades.
- 2. Assistive technology, emergency response systems, home safety interventions,
- Does NOT include new televisions, new washers/driers, etc.
- 3. Home-delivered meals or in-home meal preparation.
- 4. Technology to decrease isolation and increase social engagement.
- 5. Housekeeping and laundry services.
- 6. Lawn care and snow removal.
- 7. Transportation to meaningful or respite activities or medical appointments.







608-222-2033 info@respitecarewi.org



