



# Hiring A Respite Provider: What Are Your Wants and Needs?

## Circle the Qualities You Want in a Respite Provider

Assertive	Determined	Patient
Balanced	Diplomatic	Positive
Calm	Empathetic	Professional
Caring	Encouraging	Punctual
Committed	Enthusiastic	Resourceful
Common sense	Flexible	Respectful
Communicative	Honest	Self-directed
Compassionate	Insightful	Sincere
Conscientious	Takes initiative	Smart
Consistent	Mature	Understanding
Cooperative	Modest	Visionary
Creative	Objective	_____
Decisive	Organized	_____
Dependable	Patient	_____

## What are your job expectations of your respite worker?

Ex: being on time, communicating with you, respecting family values, work as a team, etc.

## What are the tasks you want your respite provider to do?

See next page for Circles of Care Information

## Based on the other sections of this worksheet, narrow down to your top 5 priorities for a respite provider.

- 1.
- 2.
- 3.
- 4.
- 5.





# Hiring a Respite Provider: Circles of Care



## *The inner circles include:*

- Showering
- Toileting
- Dressing
- Feeding
- Feeding Tubes/ Medical Procedures
- Dental Care
- Medication Administration
- Challenging Moments
- Companionship/ Meaningful Activities
- Transferring

## *The outer circles include:*

- Lawn Care
- Shoveling
- General Maintenance
- Transportation
- Shopping
- Check-Ins
- House Cleaning

The inner circles of care are everyday activities that could be provided during respite care.

***Different respite providers may offer various services and may not be comfortable providing all of the activities in the inner circles.*** For example, some respite providers may not give medications or do lifts and transfers.

The outer circles of care include items typically ***not part of the respite provider's duties***. You may need assistance on these activities, and you must discuss this ahead of time with the provider if these are tasks included in their responsibilities. A respite provider's main priority is to provide high-quality care to the care recipient so that you can have a break.

*Some funding sources limit a respite provider's activities (from all circles of care). It is important to understand these limits and not ask the provider to work outside of their scope of services.*

Page 2 of 2