



Thinking About My Skills

Ideal Situation

What days and hours am I able to work? Is there a population I would prefer to work with? What age? Would I prefer to work in the client's home or in a community setting?

Personal Care

What experience do I have with personal care? Will I have any hesitations helping someone in the bathroom, someone of the opposite gender, or someone my own age?

Medical Care & Emergencies

Do I have experience with seizures, g-tubes, or medical care needed? How will I respond in an emergency situation?

Challenging Behaviors

What experience do I have with challenging behaviors? Do I feel I can stay safe and keep others (including the care recipient safe)? Is there anything that might cause me to struggle when caring for a challenging behavior (past personal experiences, specific actions like spitting, name calling, etc)?