

NAME

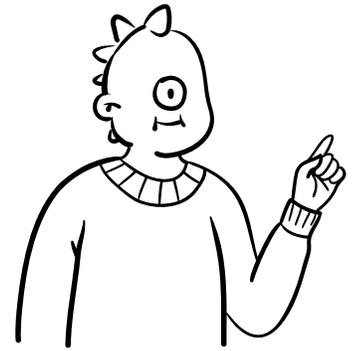
DOB: 00/00/0000

ADDRESS

Height: 0 ft 0 in

ADDRESS

Weight: 0 lbs.



CONTACT INFORMATION:

Date Updated: 00/00/0000

Caregiver/Parent/Guardian:

NAME, PHONE NUMBER

NAME, PHONE NUMBER

Case Manager/Vocation Support/Residential Support, ETC.:

NAME, AGENCY, NUMBER

Case Manager/Vocation Support/Residential Support, ETC.:

NAME, AGENCY, NUMBER

Paragraph to introduce client. Things you could include: where they live (at home with parent, in a adult family home, etc.), family members that are in daily life, what they like to do, interest, school or work locations, diagnosis, supports, long-term care programs (IRIS, family care, CCS, CLTS, etc.), other important general information.

Could include what causes dysregulation, triggers, and what it looks like.

The reason for this document is... (you may or may not want to include this sentence).

Approaches to create SAFE BOUNDARIES when they show signs of PHYSICAL DISTRESS/CRISIS/RUNNING/ETC.:

- Bullet list of responses for caregivers/providers
- Might divide this section into two parts if there are multiple crisis situations (ex: physical aggression and elopement). Are there different responses to each or would they be similar?

Suggestions for Emergency Responders: (parents will read this to the dispatcher)

- Bullet list of suggestions for emergency responders on how to approach, interact, de-escalate the situation, what support does the caregiver/provider need from responders?

Crisis Response Plan

NAME

DOB

DATE

A short paragraph or sentence about the concerns or challenges that lead to creation of plan.

Stages	Support/Caregiver Response
<p>Stage 1: Adaptive/ Proactive/ Prevention Include specific examples of: Typical Demeanor, Baseline, Triggers to avoid, Early Warning Signs</p>	<p>Supportive, Proactive Approach What could the caregiver/provider do in terms of Reinforcement, Proactive Approaches, Supportive Environment, Routines?</p>
<p>Stage 2: Tension/Escalation What does the individual look like? How do the interactions with others look? What can be observed? What are the early warning signs?</p>	<p>Calm, Redirect, Modify the Environment How should the caregiver/provider respond? What intervention techniques, environment changes, specific statements that help to calm/redirect, ensure safety?</p>
<p>Stage 3: Emotional/ Physical Distress/ Crisis What does the individual look like? How do the interactions with others look? What can be observed?</p>	<p>Safety Strategies/ Safe Boundaries How should the caregiver/provider respond? What helps to deescalate the situation as safely as possible? Who needs to be involved?</p>
<p>Stage 4: Recovery & Resolution What does the individual look like? How do the interactions with others look? What can be observed?</p>	<p>Supporting Recovery/ Re-establish Rapport How should the caregiver/provider respond? What helps to maintain calm and to continue with routines? How does debriefing with individual happen? What needs to happen next?</p>

Individuals involved in creating the Crisis Response Plan: