National Family Caregiver Month Statewide Toolkit
Monday, November 21 - Wednesday, November 30

Underserved Caregiving Populations

- Native American Caregivers
- Asian American Caregivers
- Black Caregivers
- Children Who Provide Care to Parents, Siblings, etc.
- Hispanic & Latino Caregivers
- Kin & Grandparent Caregivers
- LGBTQIA+ Caregivers

For questions regarding the National Family Caregiver Month Statewide Toolkit, contact:
Bryn Ceman | GWaar | Bryn.Ceman@gwaar.org
Rachel Watkins-Petersen | RCAW | rwatkins-petersen@respitecarewi.org
Video:

Native American Family GC: (48) 48) Zuzette, a Caregiver from Arizona - YouTube

NATIVE AMERICAN CAREGIVERS

Many Natives distrust the majority culture and government due to a history of poverty, displacement, and discrimination. As a result, caregivers are more reluctant to use formal supportive services (Scharlach et al., 2006).

Rural tribal communities are geographically isolated from care services and resources. This exacerbates health disparities and adds to a lack of caregiver training.

For questions regarding the National Family Caregiver Month Statewide Toolkit, contact:
Bryn Ceman | GWAar | Bryn.Ceman@gwaar.org
Rachel Watkins-Petersen | RCAW | rwatkins-petersen@respitecarewi.org
Amidst health and socioeconomic disparities, African American/Black families remain resilient.

- Higher rates of grandparent caregivers (Tang et al., 2015)
- Complex family structures
- Multiple caregivers
- Familism: the subordination of the personal interests and prerogatives of an individual to the values and demands of the family

For questions regarding the National Family Caregiver Month Statewide Toolkit, contact:
Bryn Ceman | GWaar | Bryn.Ceman@gwaar.org
Rachel Watkins-Petersen | RCAW | rwatkins-petersen@respitecarewi.org
Friday, Nov 25

All links can be saved as a png and used on social media and in newsletters

**Video:**

Multigenerational (sibling) / multilingual CG: (48) Nayma, a Caregiving Youth from California - YouTube

---

**NATIONAL FAMILY CAREGIVER'S MONTH**

**Y O U N G Caregivers**

Children who provide care to parents, grandparents, and siblings miss school and social/developmental opportunities, but there are few programs or resources that acknowledges the kind of caregiving they provide.

(raise) Act Family Caregiving Advisory Council

---

For questions regarding the National Family Caregiver Month Statewide Toolkit, contact:

Bryn Ceman | GWaar | Bryn.Ceman@gwaar.org

Rachel Watkins-Petersen | RCAW | rwatkins-petersen@respitecarewi.org
For questions regarding the National Family Caregiver Month Statewide Toolkit, contact:
Bryn Ceman | GWaar | Bryn.Ceman@gwaar.org
Rachel Watkins-Petersen | RCAW | rwatkins-petersen@respitecarewi.org
Kin and grandparent caregivers open their arms and homes to children who cannot stay with their parents, yet, despite their age and limited resources, few have access to financial assistance.

RAISE Act Family Caregiving Advisory Council

For questions regarding the National Family Caregiver Month Statewide Toolkit, contact:
Bryn Ceman | GWaar | Bryn.Ceman@gwaar.org
Rachel Watkins-Petersen | RCAW | rwatkins-petersen@respitecarewi.org
This document is a component of the 2022 National Strategy to Support Family Caregivers (Strategy), which was developed by the RAISE Act Family Caregiving Advisory Council and the Advisory Council to Support Grandparents Raising Grandchildren (SGRG) (collectively, the Advisory Councils) The Strategy empowers communities, agencies, and other stakeholder groups to select actions for implementation, based on community and family caregiver needs and preferences and in consideration of existing supports already in place, resource constraints, and other factors.

First Principles: Cross-Cutting Considerations for Family Caregiver Support

ANOTHER OPPORTUNITY TO WEIGH-IN & BE HEARD!
Administration for Community Living (ACL) is now accepting comments on the National Strategy to Support Family Caregivers. Comments are being accepted through November 30. Comments received from the public will be used to inform the ongoing work of two Congressionally mandated caregiving advisory councils, as well as to inform future updates to the strategy. Click here to learn more about the 2022 National Strategy to Support Family Caregivers.

<table>
<thead>
<tr>
<th>Wednesday, Nov 30</th>
<th>Learn to Avoid the Harmful Effects of Caregiver Stress (ncoa.org)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Rural Family GC: (48) Sarah, a Caregiver from Kentucky - YouTube</td>
</tr>
</tbody>
</table>

For questions regarding the National Family Caregiver Month Statewide Toolkit, contact:
Bryn Ceman | GWaar | Bryn.Ceman@gwaar.org
Rachel Watkins-Petersen | RCAW | rwatkins-petersen@respitecarewi.org