

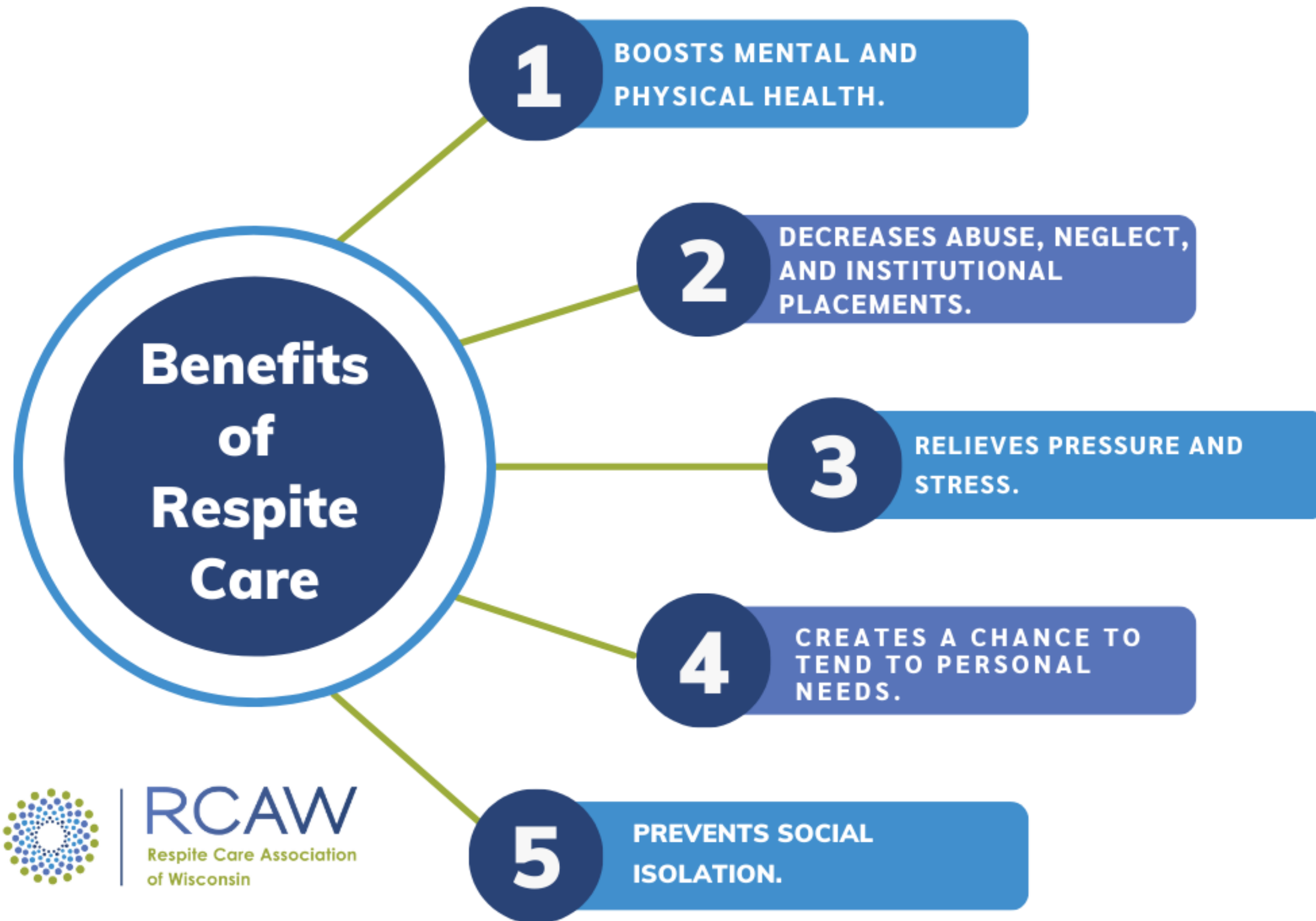
Respite Care Association of Wisconsin

To promote, support, and expand quality statewide
respite care across the lifespan.

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608-222-2033



Respite care is planned or emergency care for family or primary caregivers supporting a child or adult with special needs or cognitive deficits.

This short break from their duties allows family or primary caregivers to rest, refresh, recharge, and be able to do their jobs longer and safer.



RCAW
Respite Care Association
of Wisconsin

RCAW Training Programs

Respite Care



Provider Training

Bringing Respite to Your Community Workshop

Respite Care Association of Wisconsin



Respite Care



Provider Training

The Respite Care Provider Training is a FREE online training program that consists of ten courses for individuals interested in providing respite care. These courses provide information to meet the Respite Care Professionals Core Competencies. The core competencies are meant to serve as a baseline for entry-level respite care professionals.

When you have finished the RCPT, you'll receive a certificate of completion for seven hours. You will be offered the opportunity to be added to the Wisconsin Respite Care Registry, available to primary caregivers to search for respite care providers in their community.

The Respite Care Provider Training is available in Spanish.



Bringing Respite to Your Community Workshop



Respite Care Association of Wisconsin

This FREE workshop will provide you with the information and building blocks needed to start a respite program in your community. You will have the opportunity to provide and receive feedback from others starting programs in their communities, allowing you to build a support system throughout the state of Wisconsin.

This is a six-week course that meets weekly to discuss the information for the week and check in about your business plans. Some weeks will have guest speakers that are professionals to provide you with information and answer your questions. Other weeks will have information on program designs, marketing, program development, staffing, licensing, and more.



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RCAW's KIT for primary/family caregivers offers a collection of free online courses, discussion topics, files, and worksheets that cover a variety of topics.

- How to Hire, Train, and Retain Respite Providers: In this course, primary caregivers will receive information and tools to find, hire, and retain a respite provider. A variety of worksheets and checklists will be given and is available for download in the "files" section of your account.
- Respite 101 for Family Caregivers: This course will provide information about the benefits of respite, settings respite can be found in, how funding works for respite care in WI, and how to apply to the major funding sources.



RCAW's KIT for respite providers offers a collection of free online courses, discussion topics, files, and worksheets that cover a variety of topics.

- How to Market Yourself as a Respite Provider: This course covers a lot of different topics to help those listed on our Respite Registry to market themselves.
- How to Become an Independent Provider: This course covers what you need to know if you would like to be an independent respite provider (not employed by an agency). You will learn about four funding sources and how to become an independent respite provider for each (IRIS, Family Care, CLTS, Private Pay). The last section of this course will discuss some best practices to consider when starting your own business as a sole proprietor.





Using partnerships with agencies and subject matter experts, RCAW is excited to offer specialized training courses on a variety of topics. Some of these courses are online, others are in-person workshops.

ONLINE - Partnerships

- UWO Center for Center for Community Development, Engagement and Training (CCDET)
 - Dementia Generalist for Family & Friends
 - Dementia Generalist for Healthcare Providers
- Direct Course Curriculum

ONLINE/ IN-PERSON - RCAW Staff

- CARE Training
- Caring for Challenging Moments
- Managing Behaviors that Challenge Us
- How to Hire, Train, and Retain Respite Providers
- Other Topics as requested



RCAW YouTube Channel - 30 min Topics

- Long-term Care Supports in WI
- Finding Clients – How to Market Yourself as a Respite Provider
- Creating Goals Around Recreation and Leisure
- Safety and Crisis Planning
- Self-Care and Coping Strategies
- Respite Care Provider Training Q&A
- Emergency Situations During Respite Care
- Caring For Yourself as You Care for Others
- Creating a Strong Respite Registry Profile (for providers)
- Tips & Tricks for Creating a Calm Environment
- Meaningful Summertime Activities & Adaptations
- How to Find, Train, and Retain a Respite Provider
- Becoming an Independent Respite Provider
- Using Visual Supports – 4-part series



RCAW YouTube Channel - 2 Min Tips

- Tips for Introducing Masks
- Meaningful Activities During Respite Care
- Focusing Your Energy on What You Can Control
- Encouraging Independence
- Self Care
- Functions of Behavior
- What to do During Respite
- Transitions and Foreshadowing
- First, Then Statements and Visiausl
- Emotions Aren't "Good" or "Bad"
- 5 4 3 2 1 Grounding Technique
- Being Proactive with the Environment
-

RCAW YouTube Channel - Webinar Wednesdays

RCAW YouTube Channel - Program Q&A



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Wisconsin Respite Care Registry



REGISTRY

This FREE registry connects those needing respite care with respite care providers. Direct care professionals or providers can sign up to be found as a respite care provider and find meaningful caregiver jobs, and primary caregivers can search this database for in-home or agency-based respite care providers that most closely meets their needs.



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FIND A RESPITE CARE PROVIDER

Counties Provider will work in

Age of Care Recipient

Type of Respite

BECOME A RESPITE CARE PROVIDER

Benefits of Becoming a
Respite Care Provider

How to Become a Respite
Provider

Create Your Profile

Sample Profile

Full Name: Leslie Thede

Email: lthede@gmail.com

Phone: 920-418-1162

Address: Barron, WI, 54812-1308

Counties Available to Work in: [Outagamie](#), [Winnebago](#), [Calumet](#)

Ages Willing to Work With: [Children](#), [Adults](#), [Older Adults](#)

Hours Available to Work: I am available for some day hours, but I may be able to work around some other hours. [Email me for more information.](#)

Education / Certifications / Licenses: I completed high school and then went to further my education. I am certified in CPR, medication administration, and a mandated reporter. I have also completed the Respite Care Provider Training.

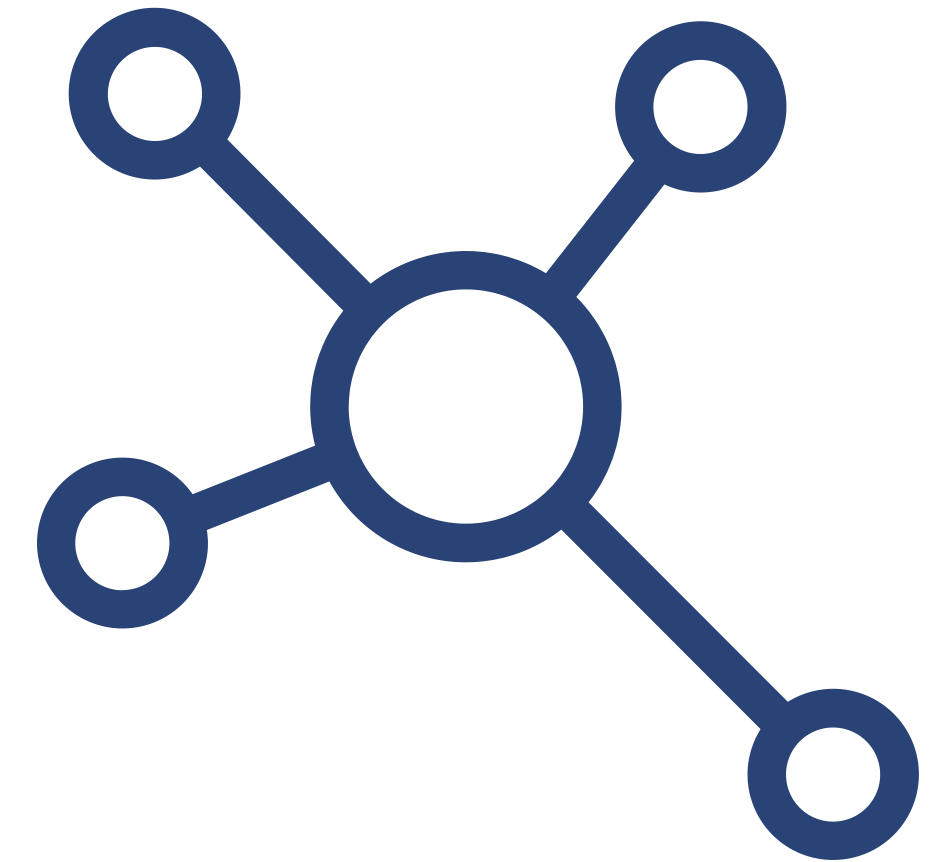
List any other trainings you have completed: [Continuing Education every few months](#)



Respite Connections

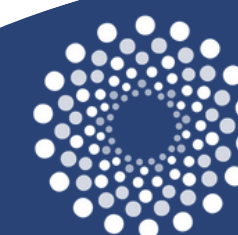
This FREE resource allows family caregivers to submit posts with their specific Respite needs, for example:

- Age of the care recipient(s),
- Acuity/descriptions of care needs,
- Hours of respite needed,
- Location & county,
- Payment sources.



Respite providers looking for clients can search for Respite Connections and contact families to find meaningful jobs providing respite care.

Family caregivers can also search the [Wisconsin Respite Care Registry](#). Families can search this database for in-home or agency-based respite care providers that most closely meet their needs.



Create a Post

Search Jobs



Email

Password

[Reset Password](#)

Email: sandybeach@hotmail.com

Phone: [845-618-3323](tel:845-618-3323)

Care Recipient Age: [47](#)

Care Recipient Gender: [Female](#)

Description of Care Needs: [Dressing, Companion Care, Hygiene](#)

Scheduling Description: [9:00 am to 3:00 pm Monday and Wednesday](#)

Location City: [St. Ann](#)

Location County/Tribe: [Sheboygan](#)

Payment Source (LTC Funds): [Private Pay](#)

RCAW Grant Programs


CAREGIVER RESPITE
GRANT PROGRAM



Supplemental
Respite Grant
Program
(SRGP)




Group Respite
Grant Program
(GRGP)



StartUP
Respite Grant Program

Funds for new respite care programs



Interesting Data:

Caregivers who receive 4 or more hours of respite care per week had a decrease in self-reported burden over time, while the Comparison caregivers experienced an increase in self-reported burden.

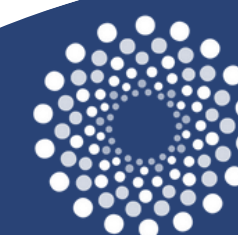


Improving Lives Through Research®

Final
Report



Outcome Evaluation of the National Family Caregiver Support Program



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Interesting Data:



The average annual cost of a Nursing Home placement (\$111,324)



The annual cost of 10 hours of weekly respite at \$23 per hour. (\$11,960 per year)



That's a lot of left-over jellybeans

Imagine Data Reimagine Tantalizing Data, Cassandra Firman, ARCH National Respite



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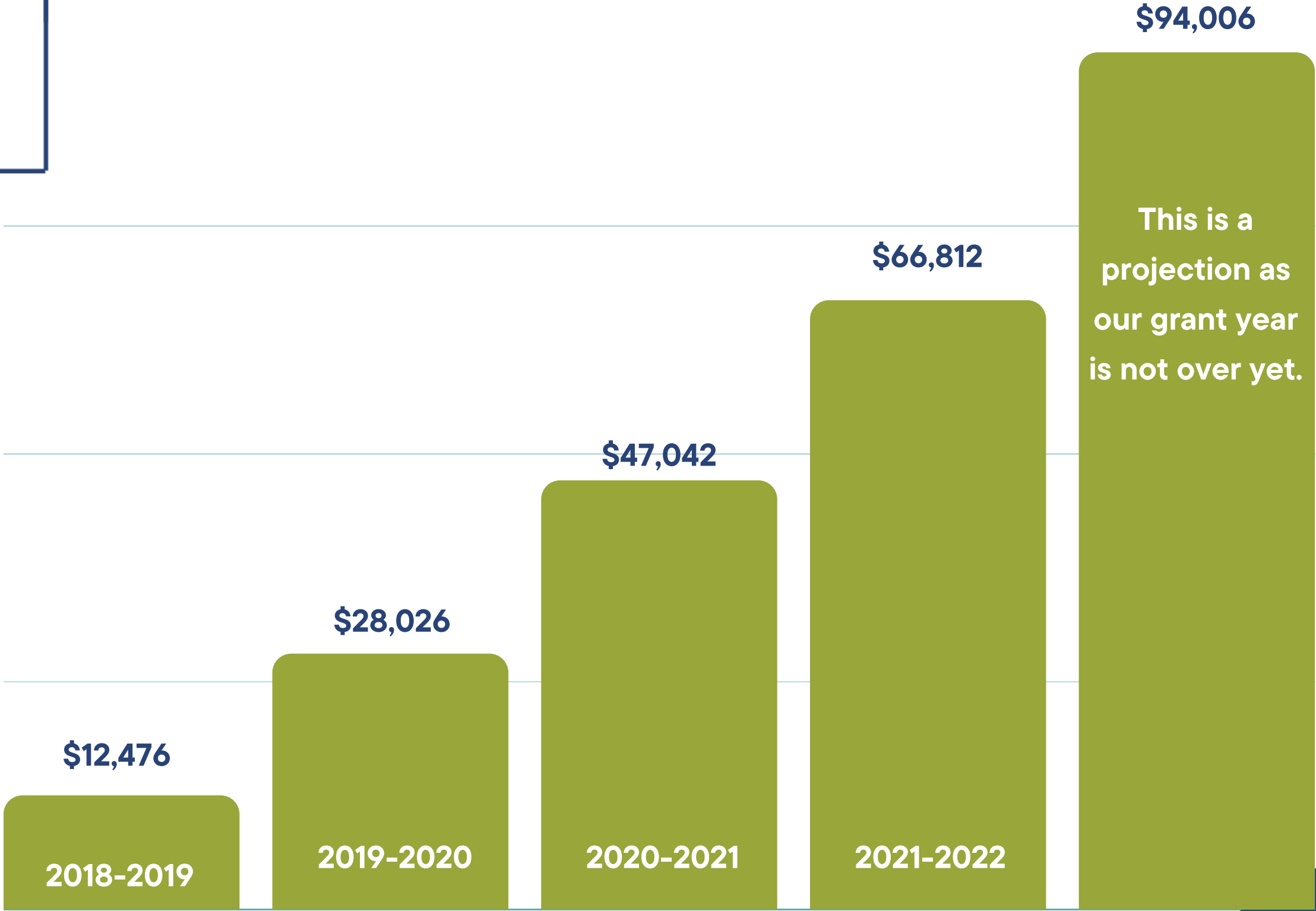
CAREGIVER RESPITE
GRANT PROGRAM



The Caregiver Respite Grant Program provides financial support for family caregivers for up to 5 days of respite care within 30 days of application approval. This grant allows approved applicants to hire the respite care provider of their choice for the care recipient.



CRGP Growth



653%
increase

How to Apply:

Step 1: The family/primary caregiver (applicant) completes the Eligibility Criteria Form.

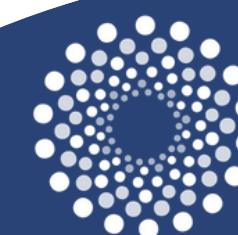
Step 2: The ADRC or County submits the Supporting Documentation Form for RCAW Grant Programs.

Step 3: RCAW receives and reviews the Eligibility Criteria Form & Supporting Documentation Form, and candidates will be emailed a link to the CRGP application if eligible.

Step 4: The family/primary caregiver (applicant) completes and submits the application; RCAW will notify them if their application is approved via email, with a link to The Grant Report.

Step 5: After the last date of respite, the family/primary caregiver (applicant) must sign The Grant Report, verifying the dates and times of respite care, and RCAW will send the approved grant funds via USPS.

Other: Depending on funds, family/primary caregivers may be able to reapply for the Caregiver Respite Grant Program a few times yearly. Please reference our website for up-to-date information. Applicants must complete the Caregiver Respite Experience Survey to be eligible to reapply.





The Supplemental Respite Grant Program supports primary caregivers by providing funding for supplemental respite services. This grant allows you to hire the person of your choice to help you with housekeeping, meal prep, laundry, lawn care, snow removal, transportation, and technology.



How to Apply:



Step 1: The family/primary caregiver (applicant) completes the Eligibility Criteria Form.

Step 2: The ADRC or County submits the Supporting Documentation Form for RCAW Grant Programs.

Step 3: RCAW receives and reviews the Eligibility Criteria Form & Supporting Documentation Form, and candidates will be emailed a link to the SRGP application if eligible.

Step 4: The family/primary caregiver (applicant) completes and submits the application; RCAW will notify them via email if their application is approved with a link to the Grant Report.

Step 5: Approved applicants will receive the grant funds via USPS.

Other:

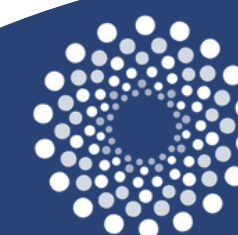
- Applicants must use the supplemental funds within 60 days of receiving them.
- Applicants must track expenses using the Grant Report.
- Applicants must keep receipts and invoices for services rendered and purchases made with the funds.
- Each quarter, RCAW will select applicants to audit at random.
- If an applicant is chosen for an audit and cannot provide a completed SRGP Grant report with receipts or invoices, they will immediately be ineligible for future funds. They may have to repay RCAW for the SRGP grant funds.



Grant for Family Caregivers

To be eligible for the grants, applicants (the primary family caregiver) must have the applicable ADRC, Tribal ADRS, county case manager, etc., and complete the Supporting Documentation Form showing the care recipient:

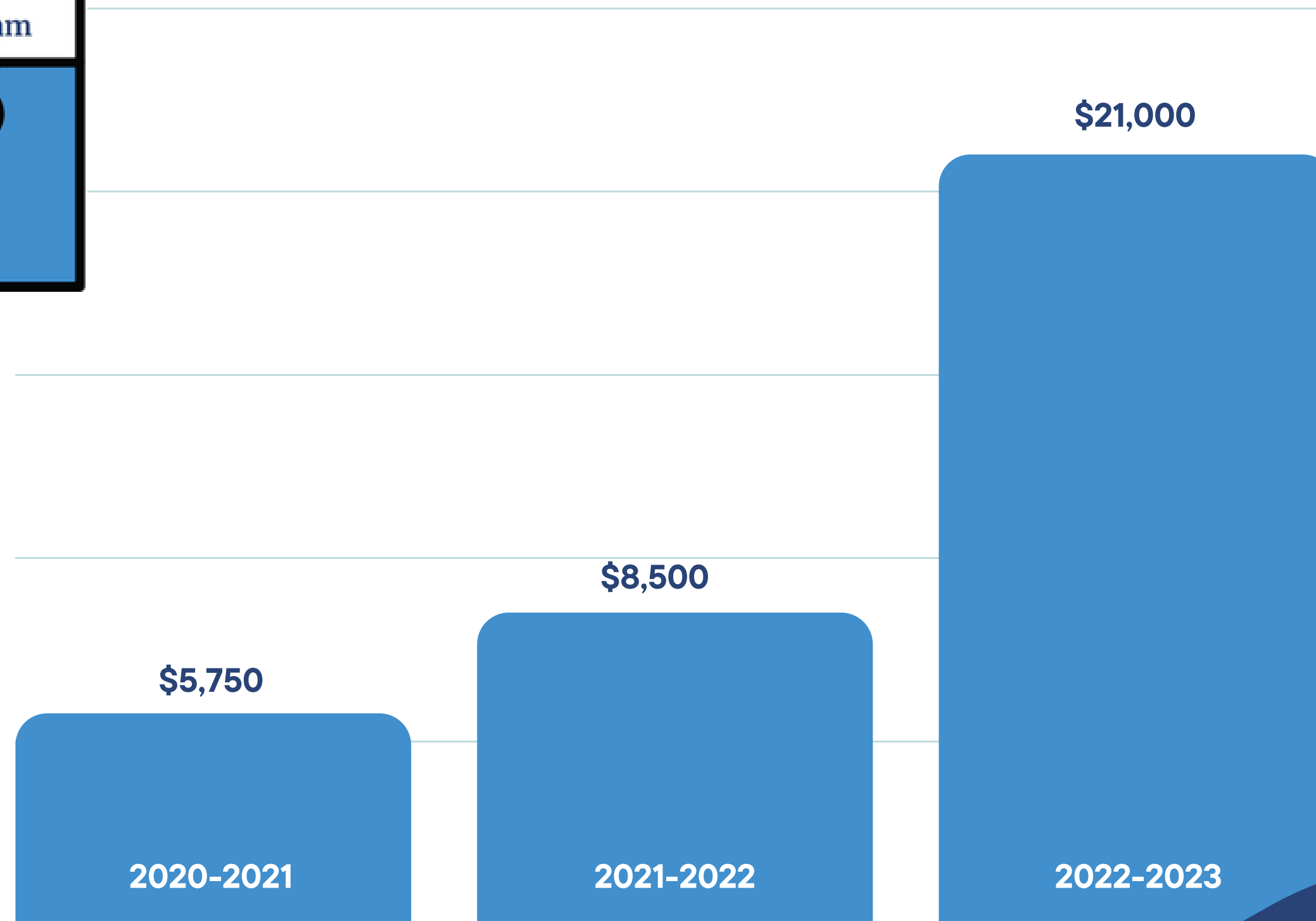
- Has applied for a Long-term Care Waiver or other programs and not expecting to receive services or approval within thirty (30) days of the application
- Has been denied Long-Term Care Waiver support(s) or other programs that provide respite services
- Has been approved for Long-Term Care Waiver support(s) or other programs that provide respite services and has exhausted funds from said programs
- Has applied and is receiving other supports, and the applicant needs flexibility for services not covered by current funding supports.
- Has not applied for a Long-Term Care Waiver support(s) because they are ineligible for other supports



SRGP Growth



SRGP inception:
March 2021



243%
increase



Ways our grants for family caregivers breakdown barriers:

RCAW has no preference on whom applicants hire for respite services, both for the Caregiver and Supplemental Respite Grant Programs.

- Friend/family member/neighbor
 - Family members cannot live at the same residences as the caregiver/care recipient.
- An agency that provides in-home respite care
- A facility-based environment
 - AFH/RCAC/CBRF/SNF





Group Respite Grant Program (GRGP)

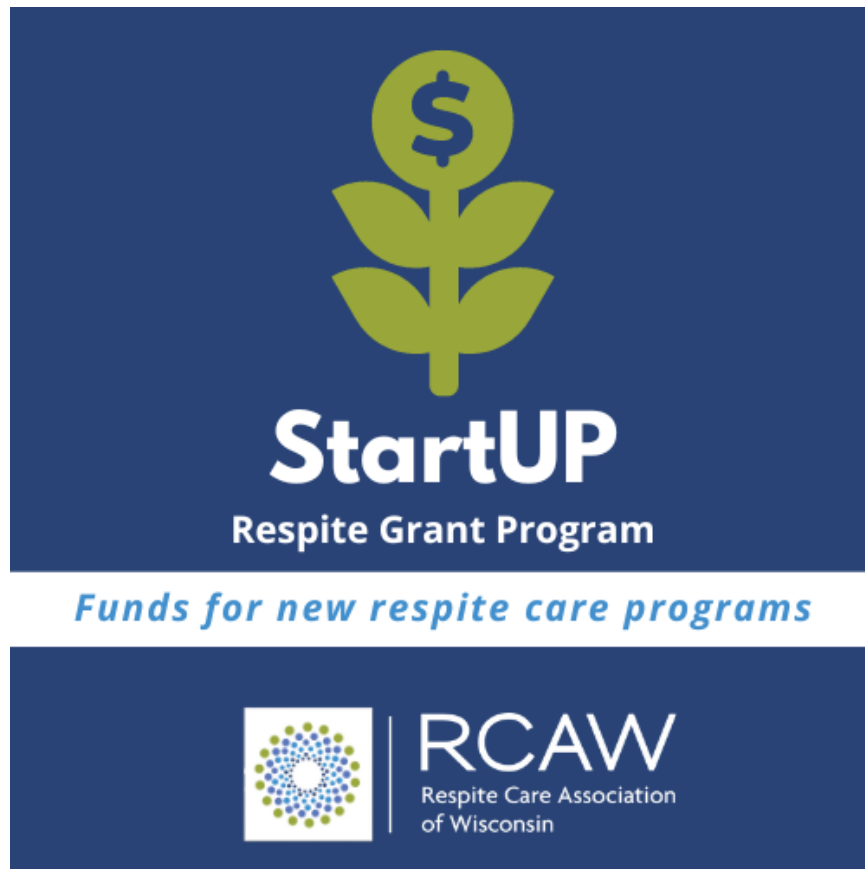


The Group Respite Grant Program provides funding so agencies and organizations can hire respite care providers to offer on-site respite care so primary caregivers can partake in activities like support groups, classes, conferences, etc.

Examples of some (not all) past GRGP recipients:

- Autism Society of Greater Wisconsin (children)
- Fox Valley Memory Project (older adults)
- Dulce Respite Center (Latino)
- ADRC of Barron and Rusk (rural)

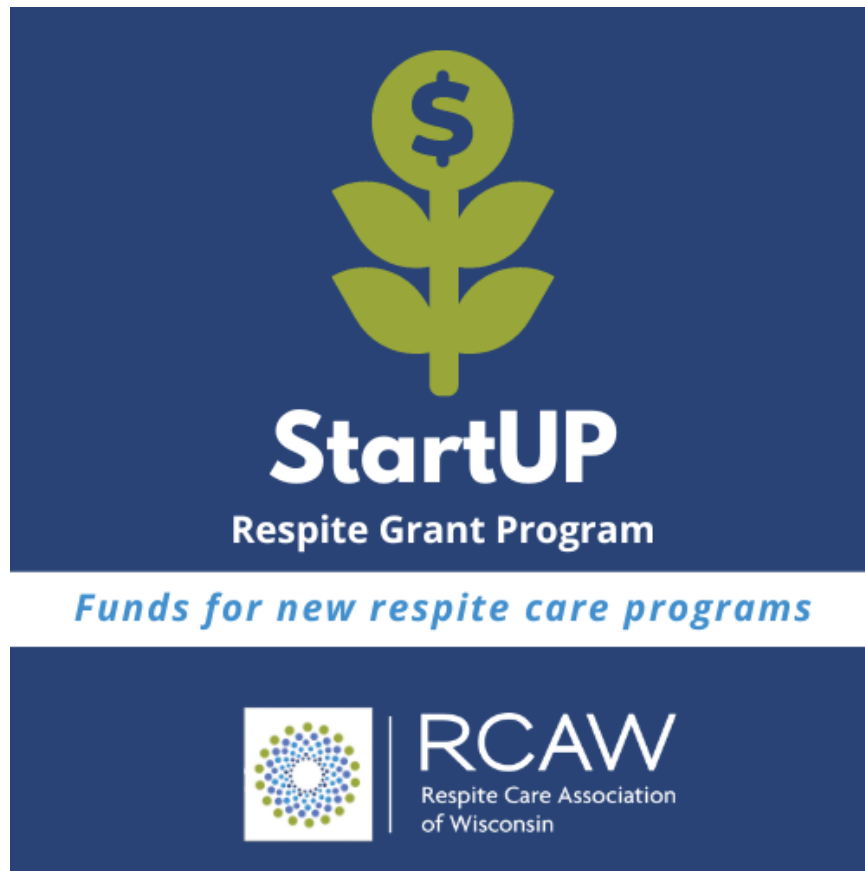




The StartUP Respite Grant Program (StartUP) provides funding for new respite programs or businesses in Wisconsin. Funds can be used for start-up program costs, such as facility, insurance, payroll, accounting, licensing, equipment, supplies, and staff education. Application requests are accepted throughout the year.

Amount Requested (\$5,000 - \$25,000)

A key team member of the program/business must have completed the Bringing Respite to Your Community (BRYC) Workshop



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Amount Requested (\$5,000 - \$25,000)

A key team member of the program/business must have completed the Bringing Respite to Your Community (BRYC) Workshop

