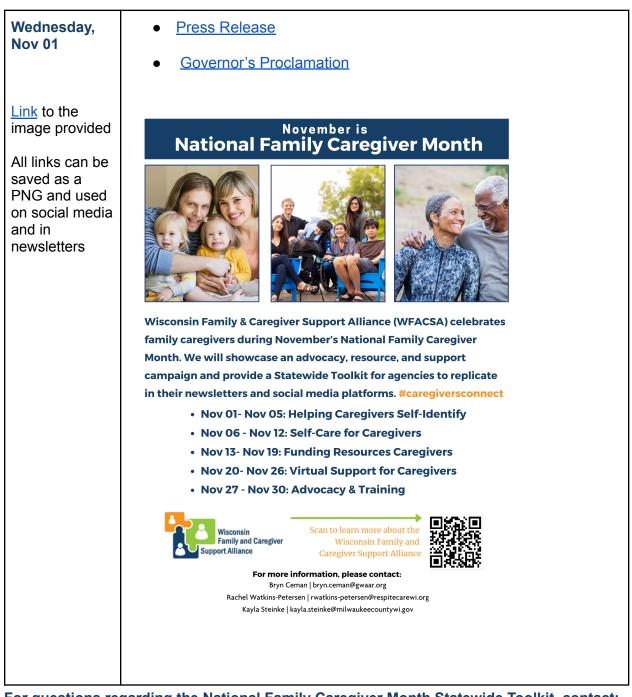


## National Family Caregiver Month Statewide Toolkit Wednesday, November 01- Friday, November 05, 2023

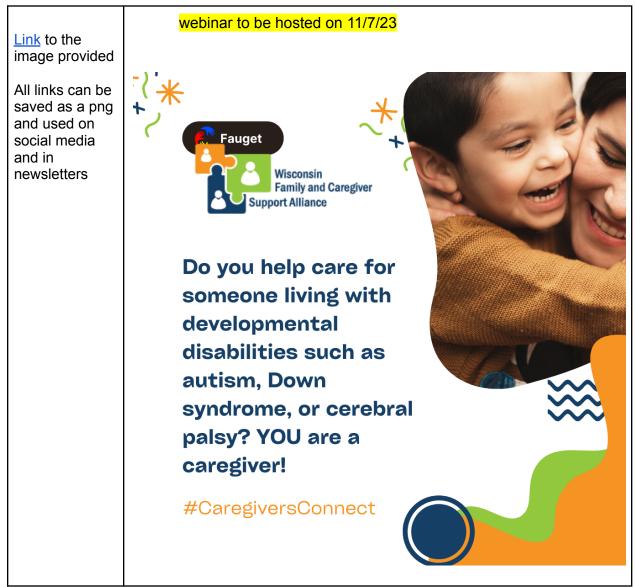
## Ramp Up to National Family Caregiver Month and Helping Caregivers Self-Identify





<ul> <li>Wednesday, Nov 01 Continued</li> <li>ink to the image provided</li> <li>All links can be saved as a PNG and used on social media and in newsletters</li> <li>Native American Family GC: (48) 48) Zuzette, a Caregiver from Arizona - YouTube (</li> <li>Native American Family GC: (48) 48) Zuzette, a Caregiver from Arizona - YouTube (</li> <li>Native American Family GC: (48) 48) Zuzette, a Caregiver from Arizona - YouTube (</li> </ul>		
<ul> <li>Want to make them feel appreciated, supported, or recognized?</li> <li>Treat them to a cup of coffee. Why? Because it's a hug in a mug!</li> <li>Insert information about registering for Supporting Caregivers</li> </ul>	Nov 01 Continued Link to the image provided All links can be saved as a PNG and used on social media and in	<ul> <li>Caregiver If YouTube</li> <li>When a friend or family member develops a mental health condition, it's important to know that you're not alone. Family members and caregivers often play a large role in helping and supporting the millions of people in the U.S. who experience mental health conditions each year. Many family members and caregivers experience the same thoughts and questions you might have now. https://youtu.be/7_bBwoBpoS0</li> <li>You may be trying to help a family member who doesn't have access to care or doesn't want help. Or you could learn how to support and encourage someone who has been hospitalized or experienced a similar mental health crisis. To hear how NAMI can help, visit Family Members and Caregivers [NAMI: National Alliance on Mental Illness]</li> <li>Native American Family GC: (48) 48) Zuzette, a Caregiver from Arizona - YouTube © Zuzette, a Caregiver from Arizona</li> </ul> Nutive American Family Caregiver Month Isyour neighbor taking care of a loved one? Nay unay grandparents raising their grandchildren in your inner circle? Want to make them feel appreciated, supported, or recognized? Treat them to a cup of coffee. Why? Because it's a hug in a mugi







## Thursday, Nov 02

Link to the image provided

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with daily medical needs?

YOU ARE A CAREGIVER!





- Video Resource for Sharing Katie, a Caregiver from South Carolina Video Resource for Sharing
  - Abena, a Caregiver from Washington, DC
- Agency Approaches: Four Key Strategies to Identify and **Reach Family Caregivers**

1. Embed processes to identify family caregivers through state agencies and public-private partnerships rather than waiting on family caregivers to self-identify.

2. Prioritize stakeholder education to ensure that approaches for identifying family caregivers are responsive to specific state and community contexts.

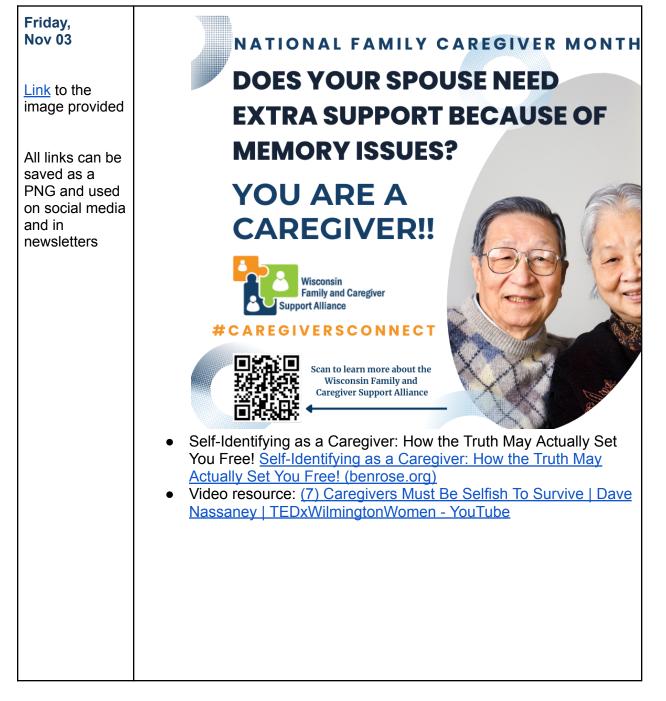
3. Tailor outreach strategies and build trust to reach specific caregiver populations.

4. Leverage caregiver assessments, surveys, and tools to



	<ul> <li>support identification, data collection, and service delivery.</li> <li>Resource for sharing: <u>Making the Invisible Visible: State</u> <u>Strategies for Identifying and Reaching Family Caregivers -</u> <u>Center for Health Care Strategies (chcs.org)</u></li> </ul>
Thursday,	<ul> <li>Caring Across Generations and Yvette Nicole Brown tell</li></ul>
Nov 02	Hollywood: Be our hero! Bring more care stories to film and TV.
All links can be	(170) Caregivers Don't Wear Capes - YouTube <li>If you are a family caregiver, find help in your area here <u>FIND</u></li>
saved as a	<u>HELP IN YOUR AREA   Wisconsin Family Caregiver Support</u>
PNG and used	<u>Program (wisconsincaregiver.org)</u> . <li>You can find virtual caregiver support groups, Memory Cafes,</li>
on social media	and more here. <u>VIRTUAL EVENTS FOR CAREGIVERS  </u>
and in	<u>Wisconsin Family Caregiver Support Program</u>
newsletters	(wisconsincaregiver.org).



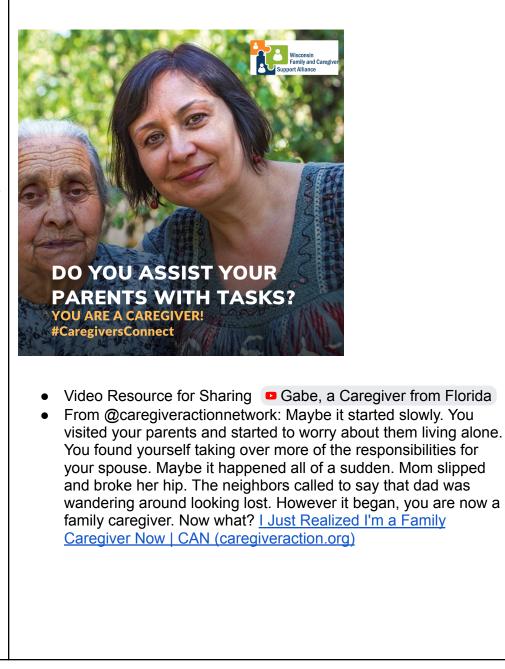




## Saturday, Nov 04

Link to the image provided

All links can be saved as a PNG and used on social media and in newsletters





Sunday, Nov 05	<ul> <li>If you are a family caregiver, find help in your area here: <u>FIND HELP</u> <u>IN YOUR AREA   Wisconsin Family Caregiver Support Program</u> (wisconsincaregiver.org).</li> <li>You can find virtual caregiver support groups, Memory Cafes, and more here: <u>VIRTUAL EVENTS FOR CAREGIVERS   Wisconsin</u> <u>Family Caregiver Support Program (wisconsincaregiver.org)</u></li> <li>Video Resource for Sharing Shawn, a Caregiver from Missouri</li> </ul>
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