

Respite Care Association of Wisconsin

We Make Respite Happen!



www.respitecarewi.org

Presenter:

Rachel Watkins-Petersen, Project Manager

Guest Speaker:

Cheryl Peterson, Wish of a Lifetime



What We Do



RCAW
Respite Care Association
of Wisconsin

Grants to support Family Caregivers

- Caregiver Respite Grant Program
- Supplemental Respite Grant Program
- Emergency Respite Grant Program



Business Development for New or Expanding Agencies or Programs

- Bringing Respite To Your Community
- HCBS Worker-Owned Cooperative
- StartUP Respite Grant Program



Training for Respite Providers & Family Caregivers

- Respite Care Provider Training
- How To Hire A Respite Care Provide
- Continuing Education
- Other Specialty Training



Grants for Existing Respite Programs

- Respite Care Provider Grant



Resources, Education, and Engagement



Registry & Respite Connections

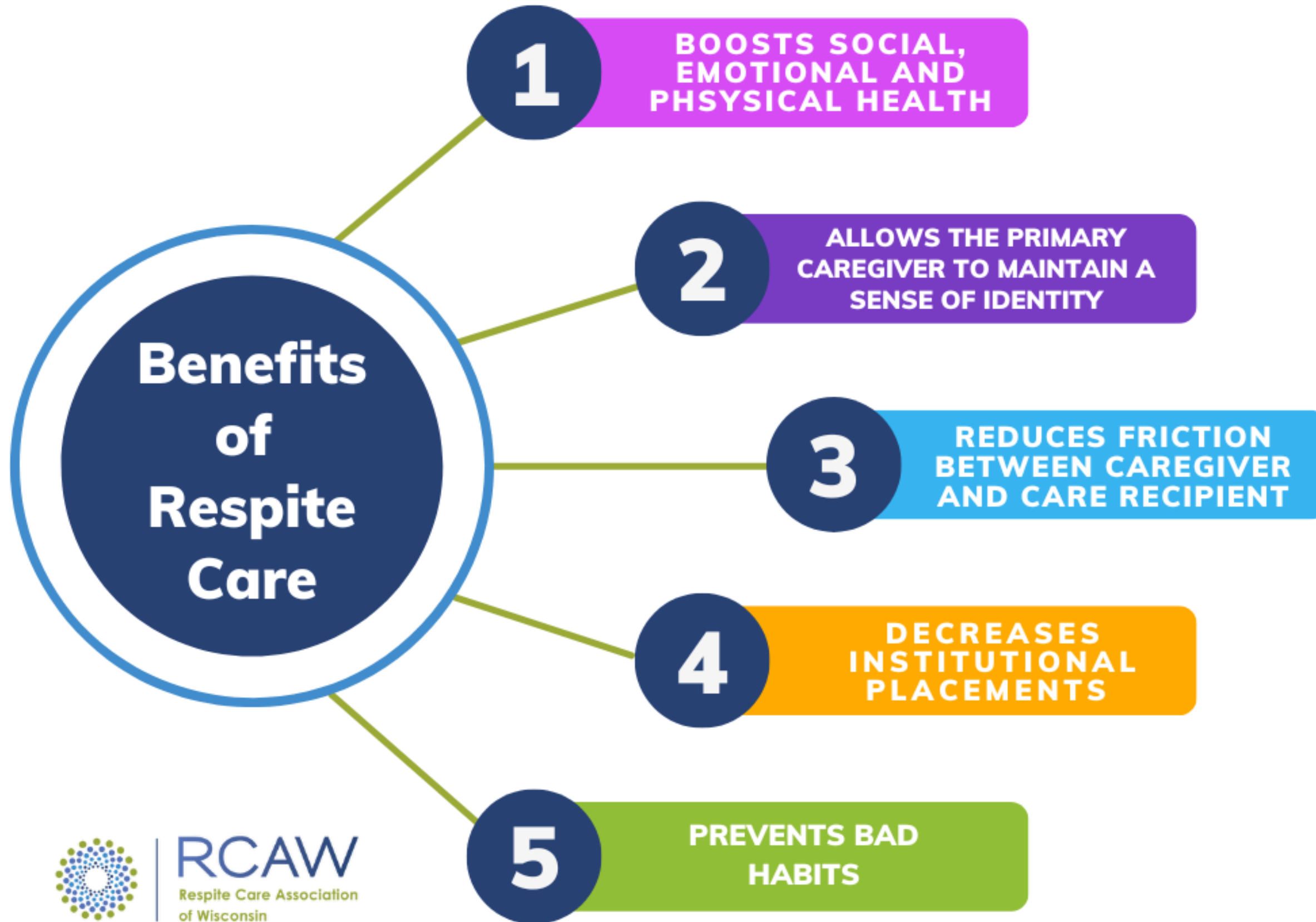
- Trained Respite Provider Registry
- Family Caregiver Job Posting



Making Respite Happen!

Why is Respite Important?

- While family caregivers often find great satisfaction in providing care to their loved ones, caregiving's physical and emotional demands can contribute to poor caregiver health outcomes, including stress, fatigue, poor sleep, and increased risk for chronic health conditions.
 - What does this mean? Respite care is a critical public health intervention!



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Grants for Family Caregivers



The Caregiver Respite Grant Program provides financial support for family caregivers for up to 5 days of respite care within 30 days of application approval. This grant allows approved applicants to hire the respite care provider of their choice for the care recipient.

Eligibility Criteria

To be eligible for the grant, applicants (the primary or family caregiver) must have the applicable ADRC, Tribal ADRS, county case manager, etc., complete the Supporting Documentation Form showing the care recipient:

1. Has applied for a Long-term Care Waiver or other programs and not expecting to receive services or approval within thirty (30) days of the application
2. Has been denied Long-Term Care Waiver support(s) or other programs that provide respite services
3. Has been approved for Term Care Waiver support(s) or other programs that provide respite services and has exhausted funds from said programs
4. Has applied and is receiving other supports, and the applicant needs flexibility for services not covered by current funding supports.
5. Has not applied for a Long-Term Care Waiver support(s) because they are ineligible for other supports

CRGP 4 Step Application Process

Step 1: The applicant completes the Eligibility Criteria Form (ECF), and the ADRC or County completes the Supporting Documentation Form (SDF).

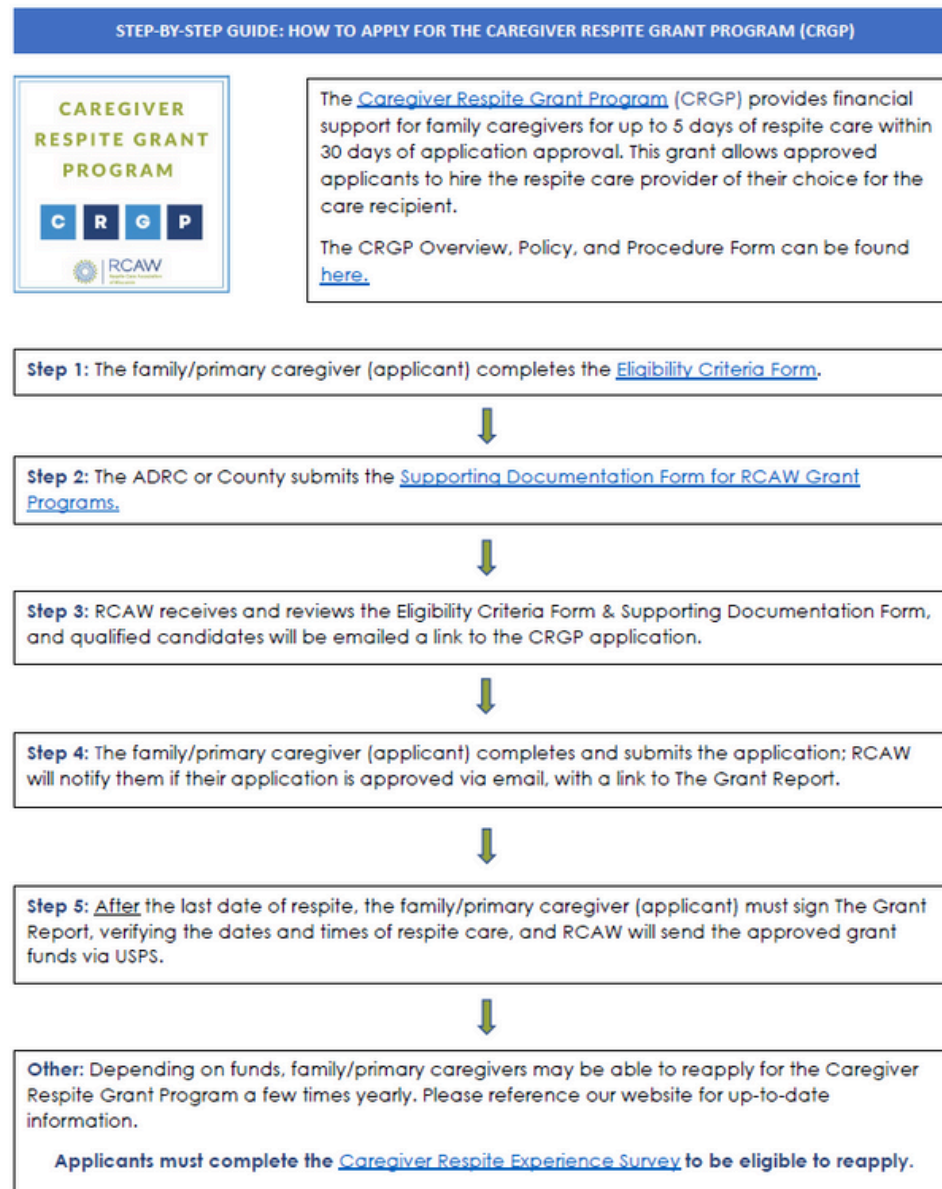


Step 2: Once the ECF and SDF have been completed and submitted to RCAW, RCAW will email eligible applicants with a link to the grant application

Step 3: Once RCAW receives the completed CRGP application, RCAW will notify the applicant if the application is approved via email with a link to the Grant Report that must be completed and submitted once respite services have been provided.

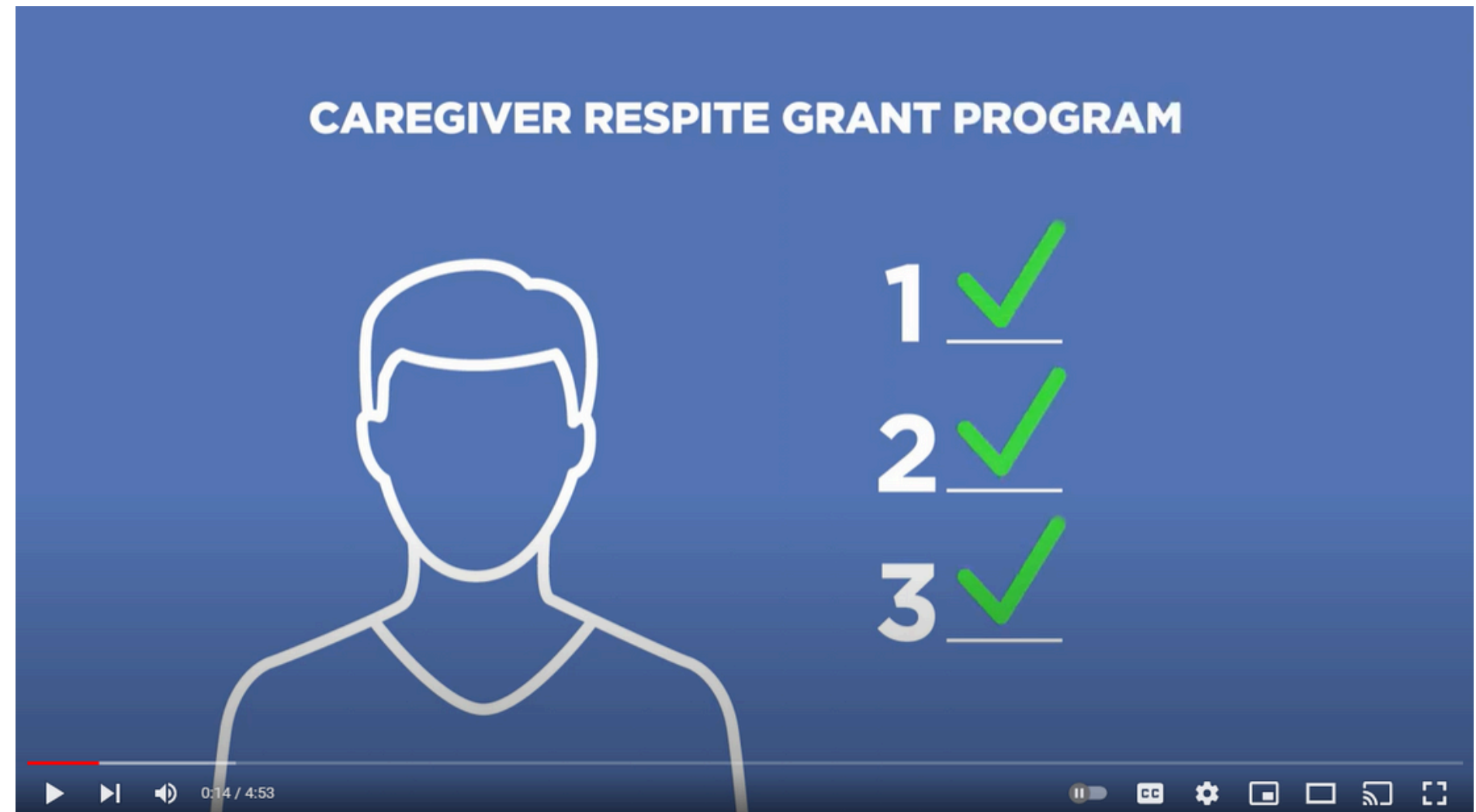
Step 4: Once RCAW receives the completed Grant Report, the payment for respite is sent, and the applicant receives a link to complete the CRGP Respite Experience Survey. (Applicants can not reapply if they do not submit this survey.)

Ways we make it easy for consumers!



This form is a high-level overview of the CRGP. For more information on the program, visit the [webpage](#).

[STEP-BY-STEP GUIDE: HOW TO APPLY FOR THE CAREGIVER RESPITE GRANT PROGRAM \(CRGP\)](#)



[STEP-BY-STEP VIDEO: HOW TO APPLY FOR THE CAREGIVER RESPITE GRANT PROGRAM \(CRGP\)](#)



Live Preview:

Supporting Documentation Form

CLICK HERE



The SDF is utilized for the Caregiver Respite and Supplemental Respite Grant Programs.

The SDF verifies that other Long-Term Care (LTC) waivers and caregiver support programs cannot serve the applicant with respite care services, as this program is typically the payor of last resort.

CRGP SUPPORTS SELF-DIRECTION



- RCAW's CRGP has no maximum usable amount within a given period if it is in line with the care needs of the care recipient and market rate costs, whether the provider is an individual or facility provider.
- RCAW requires applicants to apply for respite that will occur in the next 30 days to manage better and spend funds promptly. (unlike voucher programs)
- RCAW's CRGP allows the caregiver to determine the rate to pay a respite provider, maximizing their choice and control and adhering to the principles of self-direction. If an agency or facility provides care, that provider generally determines the rate.



The Supplemental Respite Grant Program supports primary caregivers by providing \$250 for supplemental respite services. Applicants can reapply every 90 days. This grant allows you to hire the person of your choice to help you with

- housekeeping,
- meal prep,
- laundry,
- lawn care,
- snow removal,
- transportation,
- sensory items, and
- technology.

[Supplemental Respite Grant Program](#)



ALLOWABLE EXPENSES IN DEPTH

1. Qualified home modifications (does not include construction, painting, remodeling, or wear-and-tear upgrades):

- Wheelchair ramps,
- Grab bars,
- Interior and exterior accessible intervention,

2. Assistive technology, emergency response systems, and home safety interventions (does not include new televisions, new washers/dryers, etc.),

3. Home-delivered meals or in-home meal preparation,

4. Technology to decrease isolation and increase social engagement: Tablets/Computers to communicate with friends, family, etc.

5. Housekeeping and laundry services,

6. Lawn mowing,

7. Snow removal,

8. Transportation to meaningful or respite activities or medical appointments.

9. Sensory Items



STEP-BY-STEP GUIDE: HOW TO APPLY FOR THE SUPPLEMENTAL RESPITE GRANT PROGRAM (SRGP)

(This document is on the SRGP webpage)

STEP-BY-STEP GUIDE: HOW TO APPLY FOR THE SUPPLEMENTAL RESPITE GRANT PROGRAM (SRGP)



The [Supplemental Respite Grant Program \(SRGP\)](#) supports primary caregivers by providing funding for supplemental respite services. This grant allows you to hire the person of your choice to help you with housekeeping, meal prep, laundry, lawn care, snow removal, transportation, and technology.

The SRGP Overview, Policy, and Procedure Form can be found [here](#).

Step 1: The family/primary caregiver (applicant) completes the [Eligibility Criteria Form](#).



Step 2: The ADRC or County submits the [Supporting Documentation Form for RCAW Grant Programs](#).



Step 3: RCAW receives and reviews the Eligibility Criteria Form & Supporting Documentation Form, and qualified candidates will be emailed a link to the SRGP application.



Step 4: The family/primary caregiver (applicant) completes and submits the application; RCAW will notify them via email if their application is approved with a link to the [Grant Report](#).



Step 5: Approved applicants will receive the grant funds via USPS.

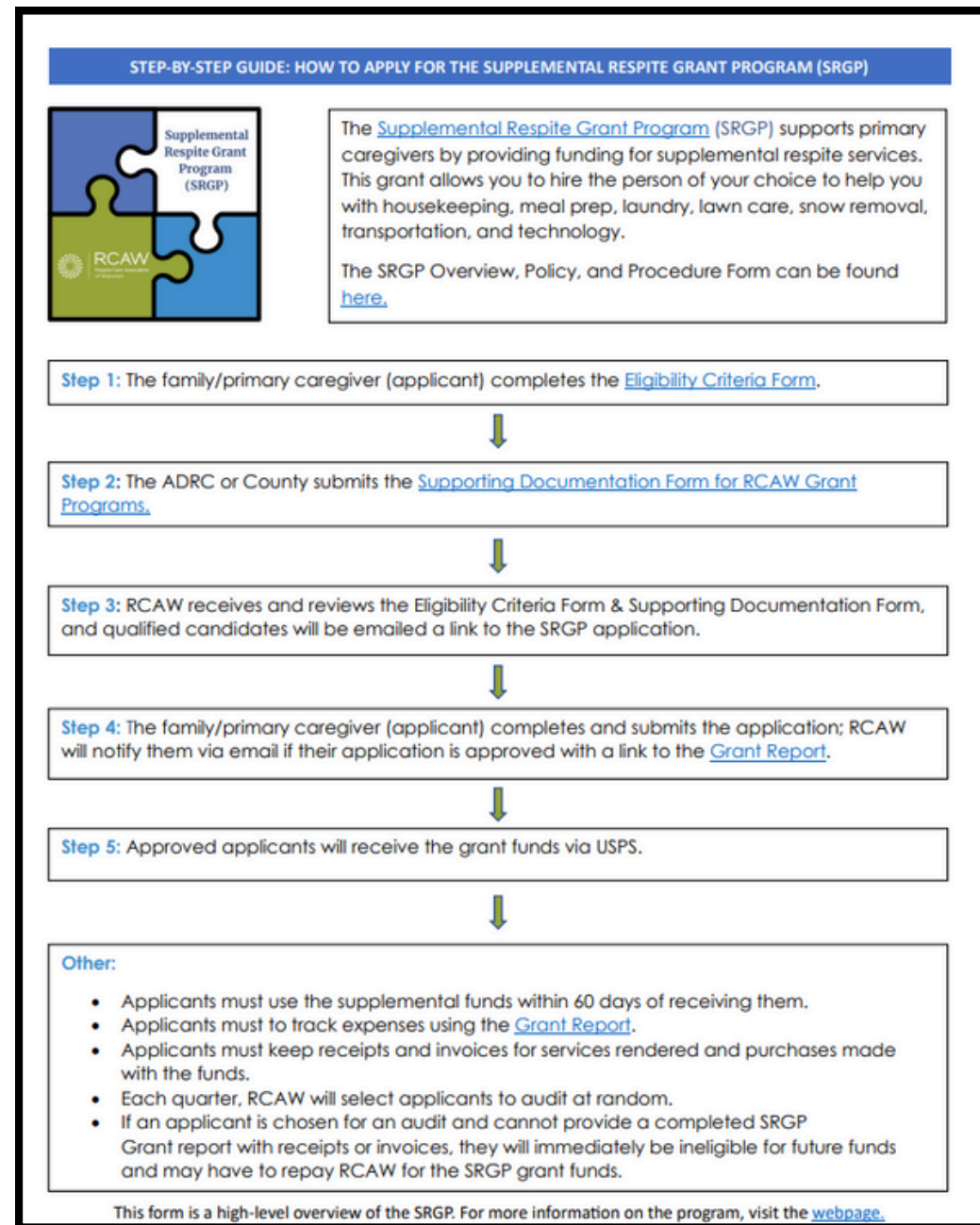


Other:

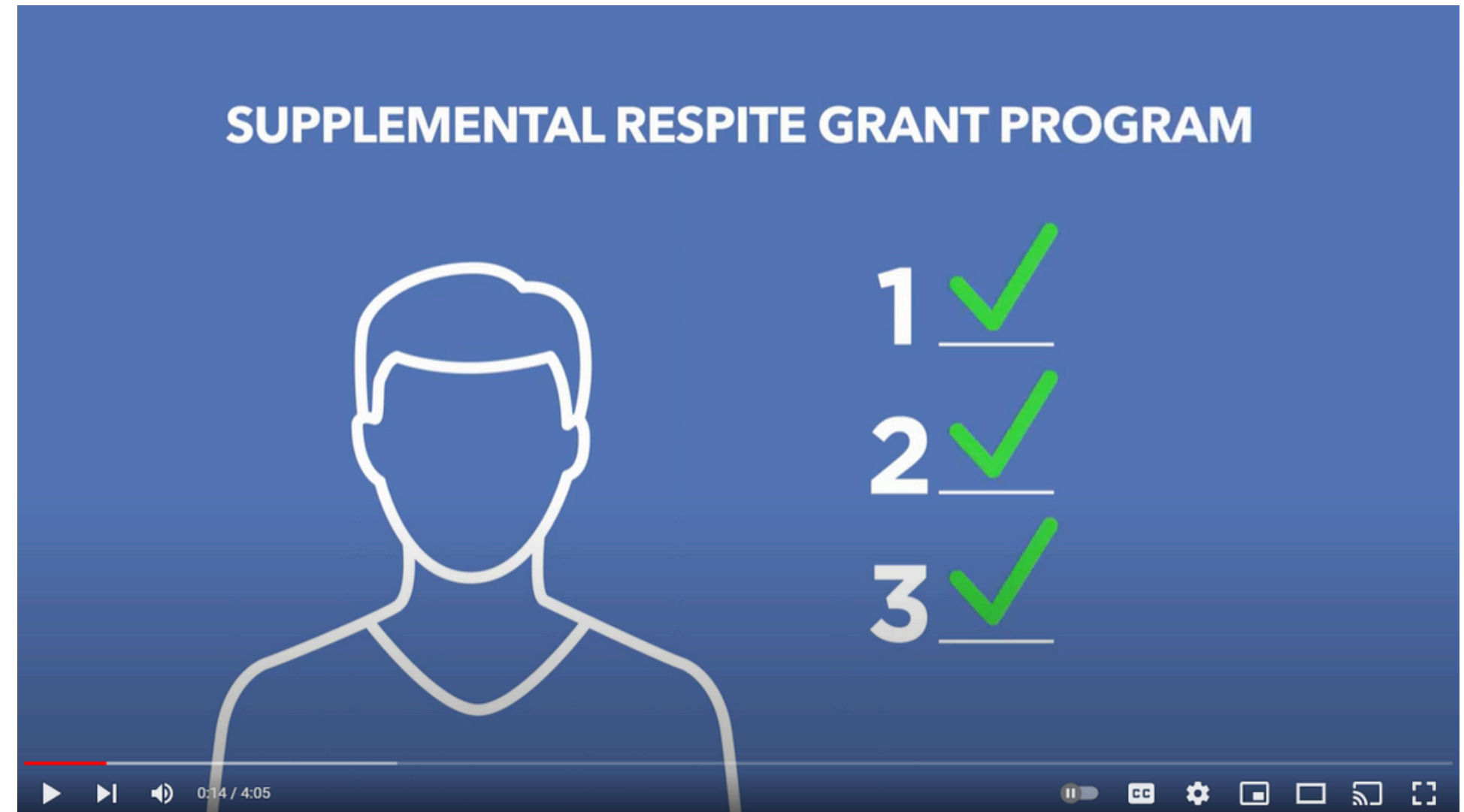
- Applicants must use the supplemental funds within 60 days of receiving them.
- Applicants must track expenses using the [Grant Report](#).
- Applicants must keep receipts and invoices for services rendered and purchases made with the funds.
- Each quarter, RCAW will select applicants to audit at random.
- If an applicant is chosen for an audit and cannot provide a completed SRGP Grant report with receipts or invoices, they will immediately be ineligible for future funds and may have to repay RCAW for the SRGP grant funds.

This form is a high-level overview of the SRGP. For more information on the program, visit the [webpage](#).

Ways we make it easy for consumers!



[STEP-BY-STEP GUIDE: HOW TO APPLY FOR THE SUPPLEMENTAL RESPITE GRANT PROGRAM \(SRGP\)](#)



[STEP-BY-STEP VIDEO: HOW TO APPLY FOR THE SUPPLEMENTAL RESPITE GRANT PROGRAM \(SRGP\)](#)



SRGP 4 Step Application Process

Step 1: The applicant completes the Eligibility Criteria Form (ECF), and the ADRC or County completes the Supporting Documentation Form (SDF).



Step 2: Once the ECF and SDF have been completed and submitted to RCAW, RCAW will email eligible applicants with a link to the grant application

Step 3: Once RCAW receives the completed SRGP application, RCAW will notify the applicant if the application is approved via email with a link to the Grant Report and mail the awarded \$250 grant funds.

Step 4: The applicant must track expenses on the Grant Report and keep the documentation if RCAW audits their spending.

Wisconsin Respite Care Registry

CLICK HERE



REGISTRY

This FREE registry connects those needing respite care with respite care providers. Direct care professionals or providers can sign up to be respite care providers and find meaningful caregiver jobs. Primary caregivers can search this database for in-home or agency-based respite care providers that most closely meet their needs.




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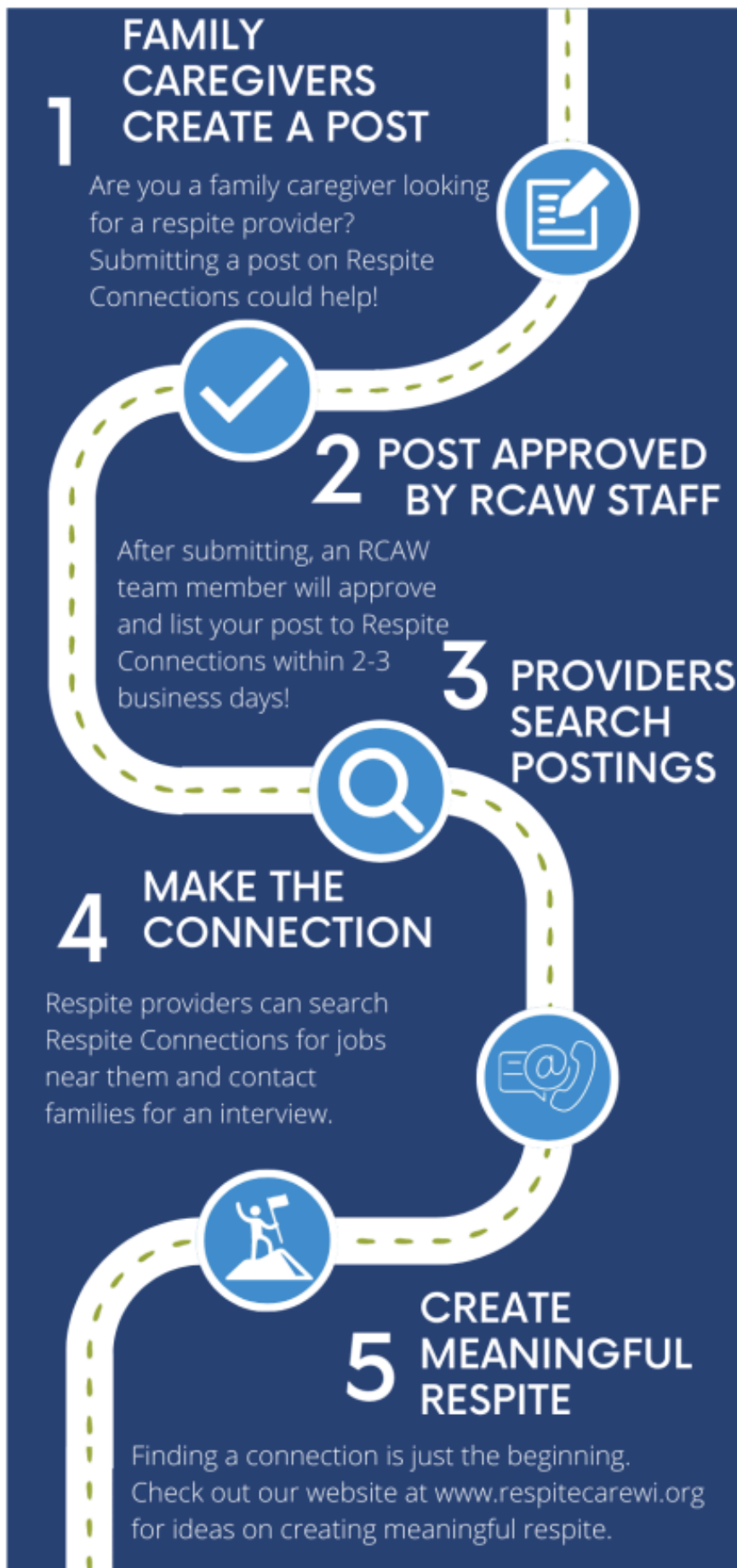
Registry, cont.



- **THERE IS NO COST FOR RESPITE PROVIDERS TO BE LISTED ON THE REGISTRY AND NO COST TO FAMILY CAREGIVERS TO SEARCH THE REGISTRY.**
- **RESPITE PROVIDERS ON THE REGISTRY HAVE COMPLETED THE RESPITE CARE PROVIDER TRAINING COURSE.**
- **THOSE IN NEED OF RESPITE CARE CAN FILTER THEIR SEARCHES BY COUNTY, AGE OF CARE RECIPIENT, AND TYPE OF RESPITE CARE.**

Registry, cont.

Jolene Ostman		Click to Collapse
Full Name	Jolene Ostman	
Email	ostmanjolene@gmail.com	
Phone	(715) 790-2462	
Address	Barron, WI, 54812-1308	
Counties Available to Work In	Barron, Rusk, St. Croix, Washburn	
Age(s) Willing to Work With	Children, Adults, Elderly	
Hours Available to Work	Starting in June I will be available during the daytime. I am available some overnights during the week and every other weekend.	
Type of Respite	in-home, facility-based, camp	
Experience / History	I am currently employed in an adult family home and have been there for the last 8 years. My clients are or have all had special needs from Down syndrome, autism, developmental delays to physical disabilities. I specialize in challenging behaviors. I have cared for individuals of all ages.	
Education / Certifications / Licenses	I competed high school then went to school to be a Certified Massage Therapist. I am certified in CPR, medication administering and a mandated reporter. I have also completed the Respite Care Certificate Program.	
List any other trainings you have completed	I do continuing education every few months that range from nutrition to dementia.	
Last Registry Access Date	2021-03-27 13:59:00	
Provider Region(s)	Western	
Added to Registry	2021-03-27 00:00:00	



This FREE resource allows family caregivers to submit posts with their specific respite needs, for example:

- Age of the care recipient(s),
- Acuity/descriptions of care needs,
- Hours of respite needed,
- Location & county,
- Payment sources.

Respite providers looking for clients can search Respite Connections and contact families to find meaningful jobs providing respite care.

Family caregivers can also search the Wisconsin Respite Care Registry. This database allows families to find in-home or agency-based respite care providers that most closely meet their needs.

Respite Care



Provider Training

- The Respite Care Provider Training (RCPT) is for people interested in providing respite care to individuals with varying disabilities and ages across their lifespans. Learners can work to complete the ten required online courses at their own pace.
- There is no cost for any of the courses. Upon completion of The RCPT, learners will have the opportunity to be added to The Wisconsin Respite Registry, which is available to primary caregivers to search for respite care providers in their community.
- The RCPT Courses meet the respite training requirements for Wisconsin Medicaid Home & Community Based Waiver Programs.

RCPT COURSES:

- **101: WHAT IS RESPITE?**
- **102: DISABILITY BASICS FOR RESPITE PROVIDERS**
- **103: CLIENT CARE FOR RESPITE PROVIDERS**
- **104: MEDICATION AWARENESS FOR RESPITE PROVIDERS**
- **105: SAFETY PROCEDURES FOR RESPITE PROVIDERS**
- **106: CARING FOR CHALLENGING MOMENTS FOR RESPITE PROVIDERS**
- **107: WELLNESS, HOUSEHOLD, AND RESPITE ACTIVITIES**
- **108: PROFESSIONAL ETHICS AND INTERPERSONAL SKILLS FOR RESPITE PROVIDERS**
- **109: MEETING WITH THE CAREGIVER AND CARE RECIPIENT**
- **110: NEXT STEPS IN BECOMING A RESPITE PROVIDER**





RCAW's KIT for (primary/family) Caregivers offers free online courses, discussion topics, files, and worksheets covering various topics.



Respite 101 for Family Caregivers

An Introduction of Respite in Wisconsin



Respite 101 for Family Caregivers – An Introduction to Respite in Wisconsin:

This course will provide information about the benefits of respite, the settings in which respite can be found, how funding works for respite care in WI, and how to apply it to major funding sources.

This information is available in two ways: Video Webinar or Online Training Module.

How to Hire, Train, and Retain Respite Providers

How to Hire, Train, and Retain Respite Workers:

In this course, primary caregivers will receive information and tools to find, hire, and retain a respite provider. Various worksheets and checklists will be given and available for download in the “files” section of your training account.

This information is available in two ways: Video Webinar or Online Training Module.



We understand that some caregivers might not have the time or accessibility to take the How to Hire, Train, and Retain Respite Providers course. If so, we have made the worksheets available to download.

How to Hire,
Train, and Retain
Respite Providers



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How to Hire, Train, and Retain Provider Course Worksheets:

- [Hiring & Circles of Care](#)
- [Interview Questions](#)
- [Interview Situations](#)
- [Getting To Know](#)
- [Training A Respite Provider](#)

[Click Here to Download the Worksheets](#)

Continuing Education

The Respite Care Association of Wisconsin (RCAW) and the UW Oshkosh Center for Community Development, Engagement, and Training (CCDET) have partnered to offer online dementia courses by providing you with codes for the courses **at no charge**.



Course Content

- Wisconsin Silver Alert Program
- Advance directives
- Successful communication in challenging situations
- Environmental safety for physical and emotional well-being
- Caring for caregivers

[Click Here to Learn More](#)

Continuing Education

RCAW is pleased to announce a partnership to offer the DirectCourse Online Curriculum.

More than **45 courses** (over 500 hours of continuing education credit) covering various topics are available. Respite Providers will have access to all courses until August 2024. Each course will provide a CEU Certificate.

This is available at **no cost** to family caregivers and to those who have completed RCAW's Respite Care Provider Training or Bringing Respite to Your Community.

[Click Here to See the Complete Course Listing](#)

[Click Here to Learn More](#)



Bringing Respite to Your Community Workshop



Respite Care Association of Wisconsin

This FREE online workshop, which can be completed at your own pace, will provide the information and building blocks needed to start a respite program in your community. There is assigned reading, outside websites to review, videos to watch, and an ongoing assignment throughout this workshop.

To receive a certificate of completion, you must complete the assignment (program plan) and schedule a meeting with Val Madsen, contracted workshop instructor, to discuss your program plan and ask any questions about designing your workshop.

- [Bringing Respite to Your Community \(BRYC\)](#)

CLICK HERE



BRYC Continued

Bringing Respite to Your Community Workshop



Respite Care Association of Wisconsin

- Week 1: Needs Assessment, Program Design, and Business Structure
- Week 2: Program Design and Licensing, Funding & Budgeting Intro
- Week 3: Insurance, legal information, accounting, and tax information
- Week 4: Policies and Procedures, Documentation, Marketing, Activity Design, Interviews with Respite Programs
- Week 5: Staffing & Volunteers, Recruitment & Hiring, Training, and Program Growth
- Week 6: Additional resources, grant writing, wrap-up assignments

• [Bringing Respite to Your Community \(BRYC\)](#)

CLICK HERE



StartUP Respite Grant Program (StartUP), Continued



Funds for new respite care programs



[StartUP Respite Grant Program](#)

CLICK HERE 

IMPORTANT DATES

Applications will be accepted throughout the year. Award decisions will be made quarterly (see chart below). Programs may submit up to two applications per year. Programs that have not previously been selected will be given priority.

This is an ongoing grant. Note that the dates below are the same for the years 2022-2027.

	Applications Due	Decision to Grantees	Grant Funds Mailed
Quarter 1	December 15	December 29	February 5
Quarter 2	March 15	March 31	May 5
Quarter 3	June 15	June 30	August 5
Quarter 4	September 15	September 30	November 5



StartUP Respite Grant Program (StartUP), Continued

THIS CAN BE YOU!

Natesha Kelly of Milwaukee is a past participant of the [Bringing Respite to Your Community \(BRYC\) Workshop](#) and awardee of a StartUp Grant.

Recently, Natesha opened a licensed adult family home, Trusted Care LLC, in Milwaukee. Congratulations, Natesha! Thank you for providing invaluable respite services to those in your community!



StartUP Respite Grant Program (StartUP), Continued

THIS CAN BE YOU!



Urban Angels Traveling Play Care is another proud RCAW StartUP Grant recipient. They offer a “groundbreaking service that fosters a win-win social experience for caregivers and their children during special events and community activities. This initiative aims not only to support caregivers but also to nurture the growth and development of children in a fun and engaging setting.”

Order our Rack Cards at No Cost!



The rack card is divided into two main columns. The left column features the RCAW logo and contact information at the top, followed by a photo of a diverse group of people sitting on a porch. Below the photo are two sections: 'Caregiver Respite Grant Program' and 'Supplemental Respite Grant Program', each with a brief description. At the bottom, a note states that RCAW shows no preference for whom family caregivers hire. The right column is titled 'MORE ABOUT THE GRANTS:' and contains two blue boxes. The first box, 'ELIGIBILITY CRITERIA', lists five conditions for applicants. The second box, 'VISIT OUR WEBSITE!', lists three points about the application process and website. At the bottom of the right column, there is a note about other grants and a website link.

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www.respitecarewi.org
608-222-2033

Grants for Family Caregivers



Caregiver Respite Grant Program:
The Caregiver Respite Grant Program (CRGP) provides financial support for family caregivers for respite care. The grant allows caregivers to hire a respite provider of their choice to get a break from caregiving duties.

Supplemental Respite Grant Program:
The Supplemental Respite Grant Program (SRGP) provides financial support for family caregivers for supplemental respite services. Allowable expenses include housekeeping, meal prep, laundry, lawn care, snow removal, transportation, and technology.

RCAW shows no preference for whom family caregivers hire. They can hire friends, family members, neighbors, agencies, and assisted living and skilled nursing facilities.

MORE ABOUT THE GRANTS:

ELIGIBILITY CRITERIA

- An applicant has applied for Long-Term Care Waiver support(s) or other programs and:
 - Is not expecting to receive services or approval within thirty (30) days or is on a waitlist
 - Has been denied
 - Has been approved and has exhausted funding
 - Has applied and is receiving other supports, and needs flexibility for respite services not covered by current funding supports
 - Has not applied because they are ineligible

VISIT OUR WEBSITE!

- All applicants must have a valid email address and create a profile on RCAW's online fillable grant portal.
- You can visit our website to learn about the application process.
- Depending on funding, applicants may be able to reapply a few times yearly. Please visit the grant webpage for updated and accurate information.

Depending on projects & funding, other grants may be available for family caregivers. To learn more about grant programs, please visit: www.respitecarewi.org/grants

- About Us
- Free Training Courses
- Respite Connections & Wisconsin Respite Care Registry
- Grants for Family Caregivers

Also available in Spanish!

¡También disponible en español!

SAVE THE DATE 2024 WISCONSIN RESPITE SUMMIT

JUNE
12

FLORIAN GARDENS
EAU CLAIRE COUNTY

Join Us!

Visit the link to learn more.

<https://respitecarewi.org/2024-wisconsin-respite-summit/>



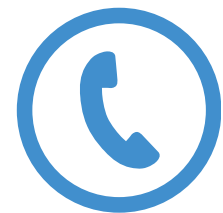


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If you would like us to present to your staff about RCAW's training and programs, don't hesitate to contact us to set up a time!



info@respitecarewi.org



608-222-2033