



**RCAW**  
Respite Care Association  
of Wisconsin

# WELCOME!

# THANK YOU FOR COMING!

*Promote, support, and expand quality statewide  
respite care across the lifespan--* **WE MAKE RESPITE  
HAPPEN!**

## 2024 WISCONSIN RESPITE SUMMIT

FLORIAN GARDENS  
EAU CLAIRE COUNTY

**JUNE 12**  
**8:15 AM -**  
**3 PM**

**Breaking Down**

**Barriers**

**2024 Respite Summit**



**RCAW**  
Respite Care Association  
of Wisconsin  
[www.respitecarewi.org](http://www.respitecarewi.org)  
608-222-2033





# Today's Agenda

- **8:15 am – 9:00 am:** Registration and Continental Breakfast will be Available
- **9:00 am – 9:20 am:** Welcome, Overview of the Day, and Introduction of Attendees
- **9:20 am – 10:00 am:** RCAW Programs— Underserved Rural Populations
- **10:00 am – 10:15 am:** **Break & Visit Vendors in Silverleaf Ballroom**
- **10:15 am – 10:45 am:** New & Expansion of Respite Care Program Opportunities: BRYC/StartUP and HCBS Worker-Owned Cooperatives
- **10:45 pm – Noon:** Interactive Session: Finding Respite Providers in Rural Areas
- **Noon – 1 pm:** **Lunch & Networking, Visit Vendors in Silverleaf Ballroom**
- **1 pm – 1:45 pm:** Panel Discussion – Making Respite Happen! Individuals who have completed the Respite Care Provider Training and who are listed on RCAW's Wisconsin Respite Registry share their experiences about the training, being listed on the Registry, connecting with family caregivers, and providing respite care.
- **1:45 pm – 2:45 pm:** Building a Trauma-Informed and Responsive Community led by Dimitri Topitzes, PhD, LCSW Professor and Chair, Social Work Department, University of Wisconsin-Milwaukee Director of Clinical Services, Institute for Child and Family Well-Being & Joshua P. Mersky, PhD Professor, Social Work Department, University of Wisconsin-Milwaukee Co-Director, Institute for Child and Family Well-Being
- **2:45 pm – 3:00 pm:** Conclusion Collect Evaluations & Feedback



**RCAW**  
Respite Care Association  
of Wisconsin

### Grants to support Family Caregivers

- Caregiver Respite Grant Program
- Supplemental Respite Grant Program
- Emergency Respite Grant Program



### Business Development for New or Expanding Agencies or Programs

- Bringing Respite To Your Community
- HCBS Worker-Owned Cooperative
- StartUP Respite Grant Program



### Training for Respite Providers & Family Caregivers

- Respite Care Provider Training
- How To Hire A Respite Care Provide
- Continuing Education
- Other Specialty Training



### Grants for Existing Respite Programs

- Respite Care Provider Grant



### Resources, Education, and Engagement



### Registry & Respite Connections

- Trained Respite Provider Registry
- Family Caregiver Job Posting



**Making Respite Happen!**



# **RCAW Programs Overview**

**9:20 am – 10:00 am**



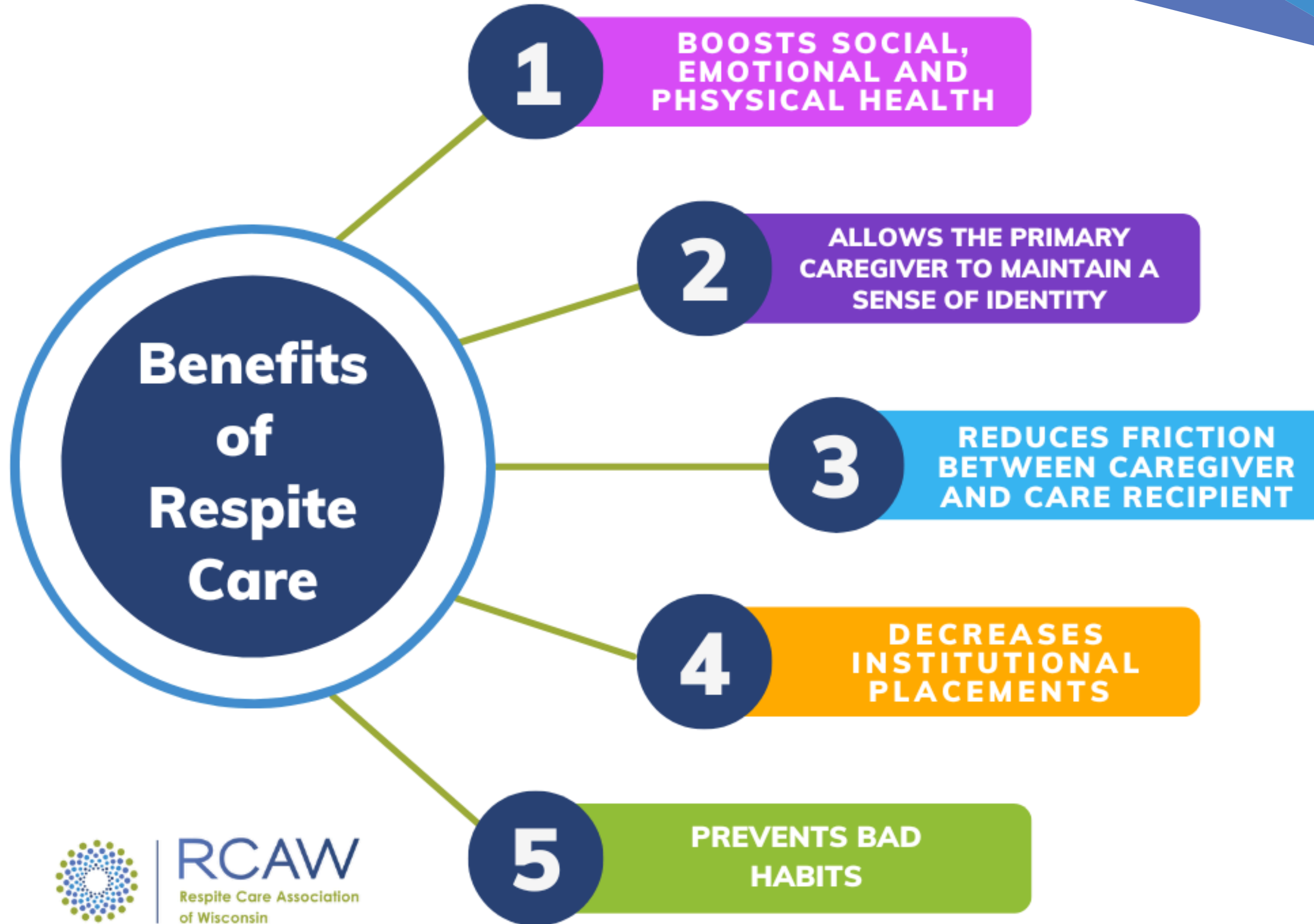
**RCAW**  
Respite Care Association  
of Wisconsin

**[www.respitecarewi.org](http://www.respitecarewi.org)**



# Why is Respite Important?

- While family caregivers often find great satisfaction in providing care to their loved ones, caregiving's physical and emotional demands can contribute to poor caregiver health outcomes, including **stress, fatigue, poor sleep, and increased risk for chronic health conditions.**
  - What does this mean? Respite care is a critical public health intervention!



# Grants for Family Caregivers



The Caregiver Respite Grant Program provides financial support for family caregivers for up to 5 days of respite care within 30 days of application approval. This grant allows approved applicants to hire the respite care provider of their choice for the care recipient.

# Eligibility Criteria

To be eligible for the grant, applicants (the primary or family caregiver) must have the applicable ADRC, Tribal ADRS, county case manager, etc., complete the Supporting Documentation Form showing the care recipient:

1. Has applied for a Long-term Care Waiver or other programs and not expecting to receive services or approval within thirty (30) days of the application
2. Has been denied Long-Term Care Waiver support(s) or other programs that provide respite services
3. Has been approved for Term Care Waiver support(s) or other programs that provide respite services and has exhausted funds from said programs
4. Has applied and is receiving other supports, and the applicant needs flexibility for services not covered by current funding supports.
5. Has not applied for a Long-Term Care Waiver support(s) because they are ineligible for other supports



# CRGP 4 Step Application Process

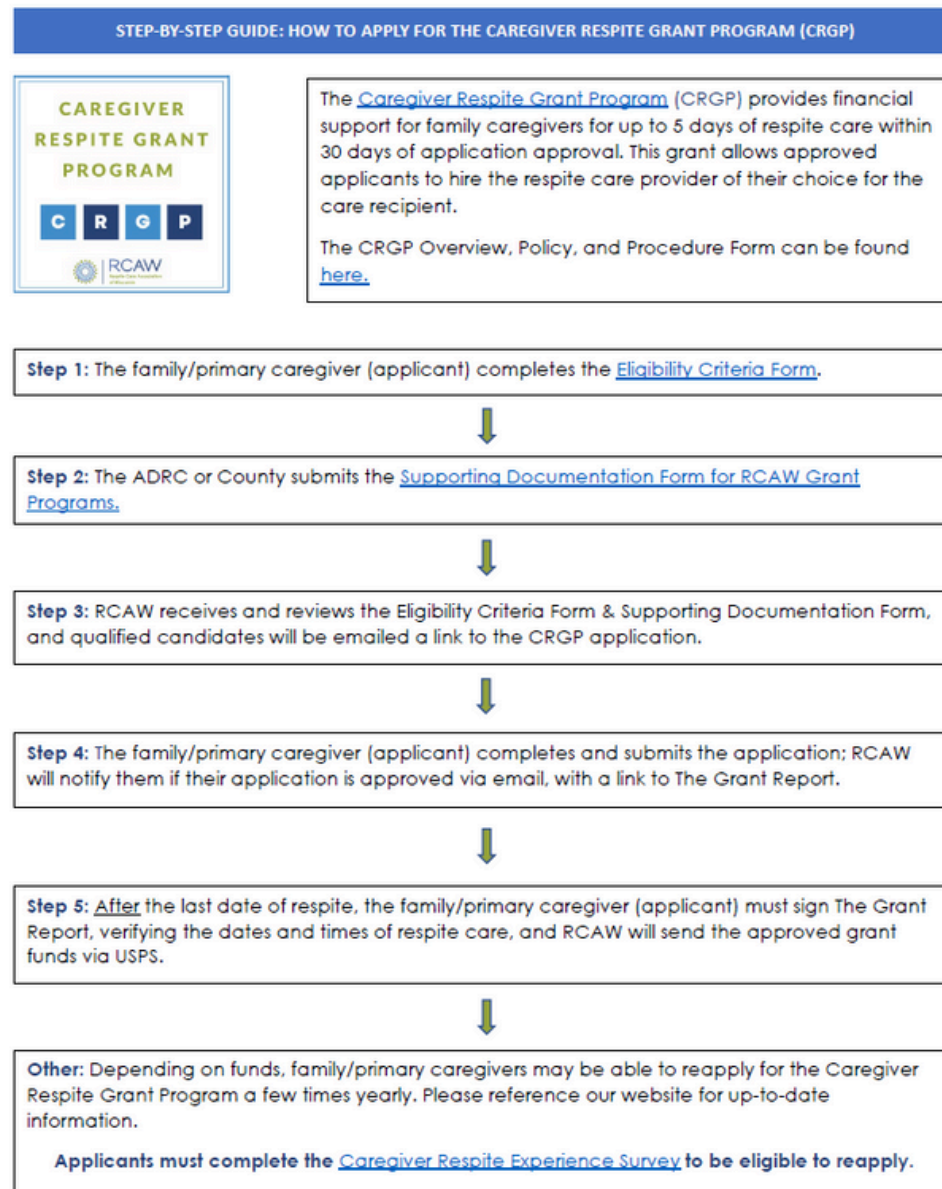
**Step 1: The applicant completes the Eligibility Criteria Form (ECF), and the ADRC or County completes the Supporting Documentation Form (SDF).**

**Step 2: Once the ECF and SDF have been completed and submitted to RCAW, RCAW will email eligible applicants with a link to the grant application**

**Step 3: Once RCAW receives the completed CRGP application, RCAW will notify the applicant if the application is approved via email with a link to the Grant Report that must be completed and submitted once respite services have been provided.**

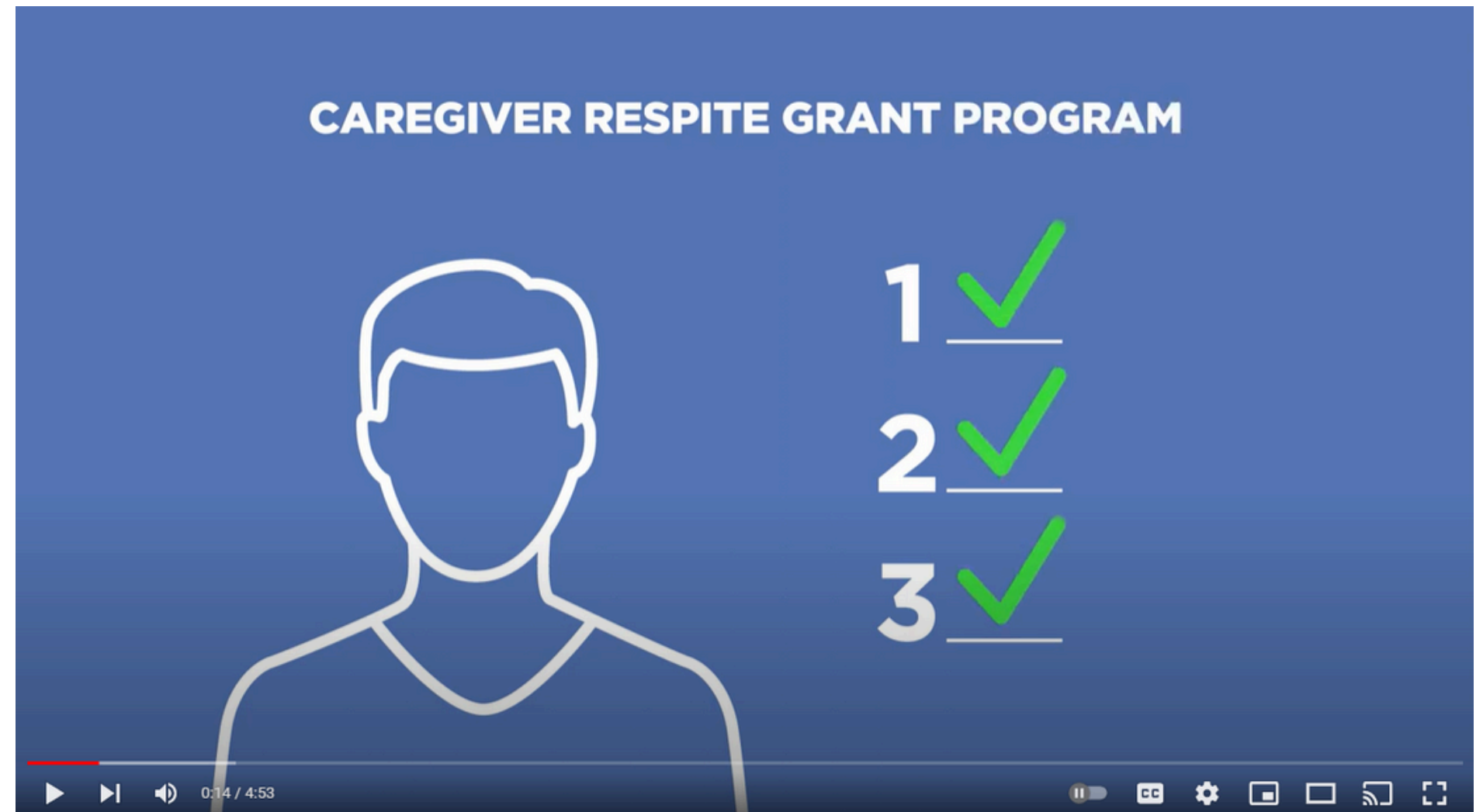
**Step 4: Once RCAW receives the completed Grant Report, the payment for respite is sent, and the applicant receives a link to complete the CRGP Respite Experience Survey. (Applicants can not reapply if they do not submit this survey.)**

# Ways we make it easy for consumers!



This form is a high-level overview of the CRGP. For more information on the program, visit the [webpage](#).

[STEP-BY-STEP GUIDE: HOW TO APPLY FOR THE CAREGIVER RESPITE GRANT PROGRAM \(CRGP\)](#)



[STEP-BY-STEP VIDEO: HOW TO APPLY FOR THE CAREGIVER RESPITE GRANT PROGRAM \(CRGP\)](#)





*"I so appreciated being "seen" and having concrete support offered, whereas other times, it feels like I have to fight tooth and nail for even the small things that would actually make a difference for our crew. Thank you. It makes it less overwhelming to juggle all the things."*

## **July 01, 2023 - June 01, 2024**

- 103 respite care grants awarded statewide
  - 52 grants awarded to underserved populations
  - 22 emergency respite grants awarded
- 7,402 hours of respite care received
- 100% of Impact Survey respondents answered YES to the question, “Did RCAW grant funds positively impact your emotional wellness?”



# Live Preview:

## Supporting Documentation Form

CLICK HERE



The SDF is utilized for the Caregiver Respite and Supplemental Respite Grant Programs.

The SDF verifies that other Long-Term Care (LTC) waivers and caregiver support programs cannot provide respite care services to the applicant, as this program is typically the payor of last resort.

# CRGP SUPPORTS SELF-DIRECTION

- RCAW's CRGP has no maximum usable amount within a given period if it is in line with the care needs of the care recipient and market rate costs, whether the provider is an individual or facility provider.
- RCAW requires applicants to apply for respite that will occur in the next 30 days to manage better and spend funds promptly. (unlike voucher programs)
- RCAW's CRGP allows the caregiver to determine the rate to pay a respite provider, maximizing their choice and control and adhering to the principles of self-direction. If an agency or facility provides care, that provider generally determines the rate.





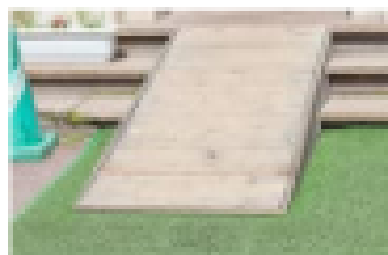
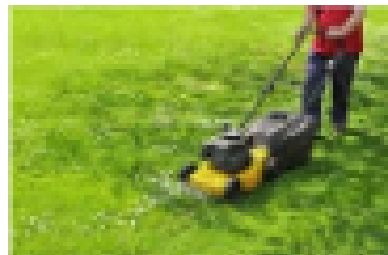
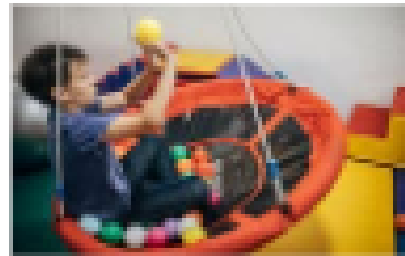
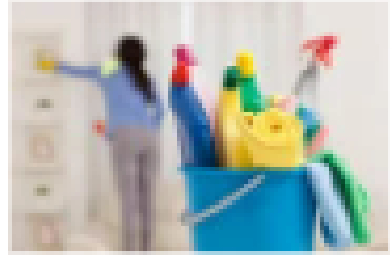
**The Supplemental Respite Grant Program supports primary caregivers by providing \$250 for supplemental respite services. Applicants can reapply every 90 days. This grant allows you to hire the person of your choice to help you with**

- housekeeping,
- meal prep,
- laundry,
- lawn care,
- snow removal,
- transportation,
- sensory items, and
- technology.

[Supplemental Respite Grant Program](#)



# Eligible Expenses:



1. Qualified home modifications (does not include construction, painting, remodeling, or wear-and-tear upgrades):
  - Wheelchair ramps,
  - Grab bars,
  - Interior and exterior accessible intervention,
2. Assistive technology, emergency response systems, and home safety interventions (does not include new televisions, new washers/dryers, etc.),
3. Home-delivered meals or in-home meal preparation,
4. Technology to decrease isolation and increase social engagement: Tablets/Computers to communicate with friends, family, etc.
5. Housekeeping and laundry services,
6. Lawn mowing,
7. Snow removal,
8. Transportation to meaningful or respite activities or medical appointments.
9. Sensory Items

# SRGP 4 Step Application Process

**Step 1:** The applicant completes the Eligibility Criteria Form (ECF), and the ADRC or County completes the Supporting Documentation Form (SDF).



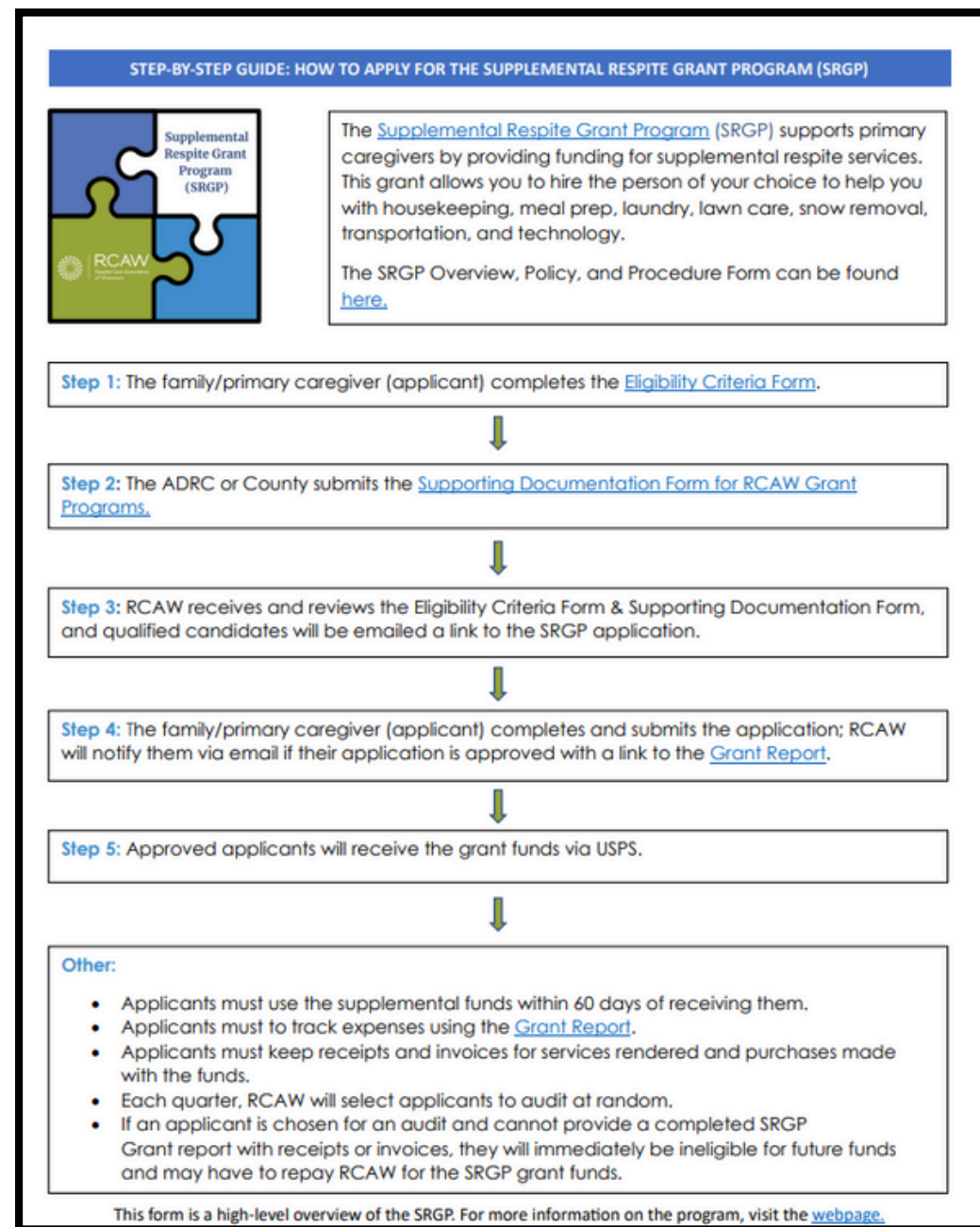
**Step 2:** Once the ECF and SDF have been completed and submitted to RCAW, RCAW will email eligible applicants with a link to the grant application

**Step 3:** Once RCAW receives the completed SRGP application, RCAW will notify the applicant if the application is approved via email with a link to the Grant Report and mail the awarded \$250 grant funds.

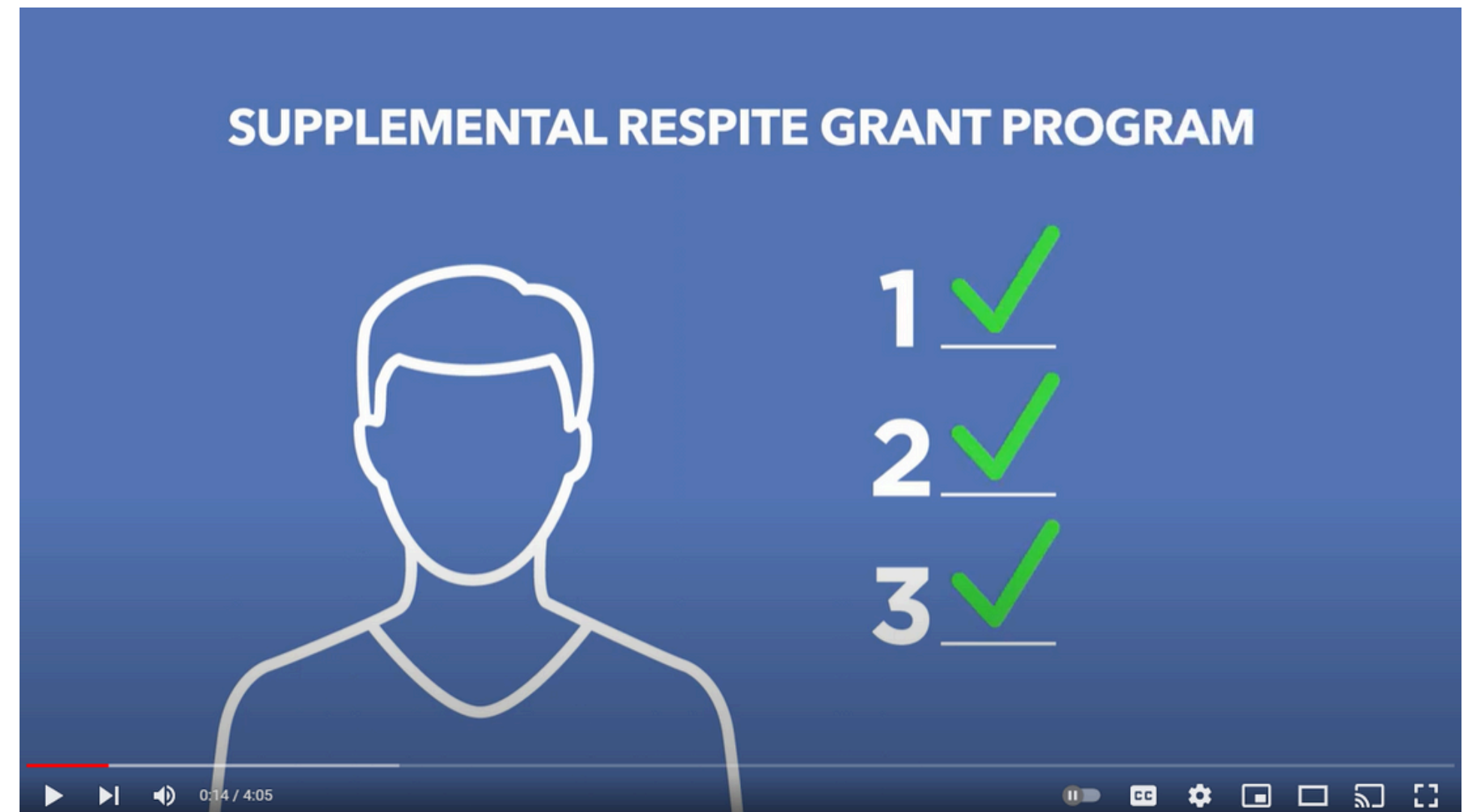
**Step 4:** The applicant must track expenses on the Grant Report and keep the documentation if RCAW audits their spending.



# Ways we make it easy for consumers!



[STEP-BY-STEP GUIDE: HOW TO APPLY FOR THE SUPPLEMENTAL RESPITE GRANT PROGRAM \(SRGP\)](#)



[STEP-BY-STEP VIDEO: HOW TO APPLY FOR THE SUPPLEMENTAL RESPITE GRANT PROGRAM \(SRGP\)](#)





# Group Respite Grant Program



The Group Respite Grant Program provides funding so agencies and organizations can hire respite care providers to offer on-site respite care so primary caregivers can partake in activities like support groups, classes, conferences, etc.

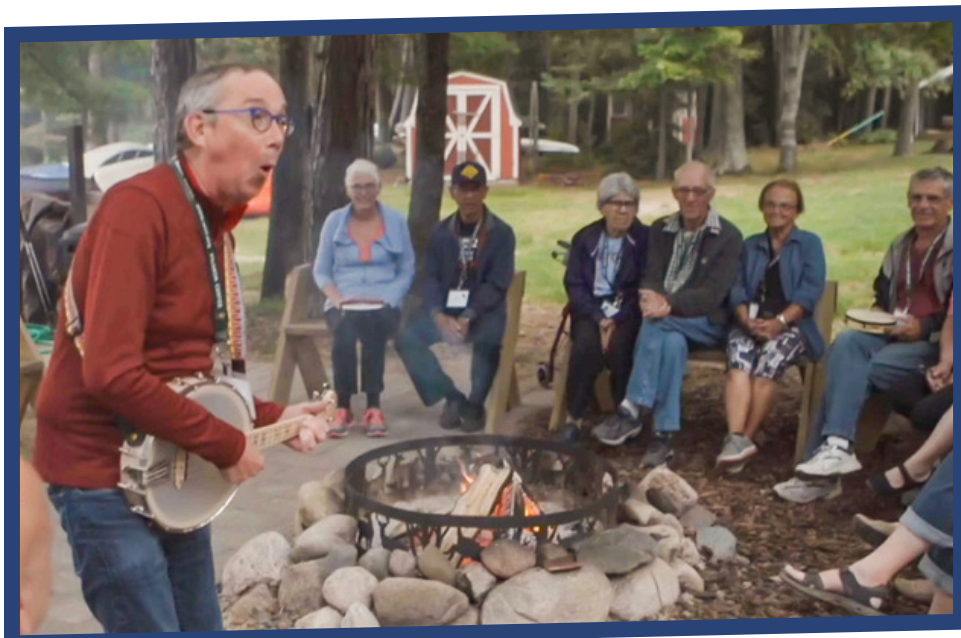




Experience the best parts of camp and be part of a community where we "leave the dementia diagnosis at the top of this hill." Memory Camp is a stigma-free & supported summer camp experience for those with mild to moderate dementia, their care partners, and their families.



We'll sing, create poetry, sit by the campfire, savor s'mores, play cards, enjoy pontoon rides, do yoga (seated if needed), swim, go on guided and accessible hikes, visit the music garden in the woods, kayak/canoe, and relax on the shore of gorgeous Moon Lake!



Each family will be assigned a trained volunteer for their time at camp! Enjoy respite (**yes, a break!**) for as little or as long as you'd like throughout the day. Lodging is in modern, well-equipped cabins with private bathrooms. Meals are delicious and nutritious. You will feel joy and hospitality in this warm and welcoming community.



## Some other past recipients of the GRGP:

RCAW has awarded **\$157,521** in GRGP awards, serving **2,033** caregivers with **24,252** hours of respite care!

- **Barron and Rusk ADRC** – Powerful Tools for Caregivers and Caregiver Bootcamp
- **Autism Society of Greater Wisconsin** – Respite events at the Children's Museum
- **Padres e Hijos en Accion** – Respite event with pampering for family caregivers
- **Lac Courte Oreilles Band of Lake Superior Chippewa Indians** – Respite during the Tribal Caregiver Conference



# Wisconsin Respite Care Registry.

[CLICK HERE](#)



REGISTRY

**This FREE registry connects those needing respite care with respite care providers. Direct care professionals or providers can sign up to be respite care providers and find meaningful caregiver jobs. Primary caregivers can search this database for in-home or agency-based respite care providers that most closely meet their needs.**



# Registry, cont.



- **THERE IS NO COST FOR RESPITE PROVIDERS TO BE LISTED ON THE REGISTRY AND NO COST TO FAMILY CAREGIVERS TO SEARCH THE REGISTRY.**
- **RESPITE PROVIDERS ON THE REGISTRY HAVE COMPLETED THE RESPITE CARE PROVIDER TRAINING COURSE.**
- **THOSE IN NEED OF RESPITE CARE CAN FILTER THEIR SEARCHES BY COUNTY, AGE OF CARE RECIPIENT, AND TYPE OF RESPITE CARE.**

## Jolene Ostman

[Click to Collapse](#)

|                                      |  |
|--------------------------------------|--|
| <b>Full Name</b>                     | Jolene Ostman  |
| <b>Email</b>                         | <a href="mailto:ostmanjolene@gmail.com">ostmanjolene@gmail.com</a> |
| <b>Phone</b>                         | (715) 790-2462   |
| <b>Address</b>                       | Barron, WI, 54812-1308   |
| <b>Counties Available to Work In</b> | Barron, Rusk, St. Croix, Washburn                                  |
| <b>Age(s) Willing to Work With</b>   | Children, Adults, Elderly  |
| <b>Hours Available to Work</b>       |  |



Starting in June I will be available during the daytime. I am available some overnights during the week and every other weekend.

**Type of Respite** in-home, facility-based, camp

### Experience / History

I am currently employed in an adult family home and have been there for the last 8 years. My clients are or have all had special needs from Down syndrome, autism, developmental delays to physical disabilities. I specialize in challenging behaviors. I have cared for individuals of all ages.

### Education / Certifications /

#### Licenses

I competed high school then went to school to be a Certified Massage Therapist. I am certified in CPR, medication administering and a mandated reporter. I have also completed the Respite Care Certificate Program.

**List any other trainings you have completed** I do continuing education every few months that range from nutrition to dementia.

**Last Registry Access Date** 2021-03-27 13:59:00

**Provider Region(s)** Western

**Added to Registry** 2021-03-27 00:00:00

# Respite Connections

This FREE resource allows family caregivers to submit posts with their specific respite needs, for example:

- Age of the care recipient(s),
- Acuity/descriptions of care needs,
- Hours of respite needed,
- Location & county,
- Payment sources.

Respite providers looking for clients can search Respite Connections and contact families to find meaningful jobs providing respite care.

Family caregivers can also search the Wisconsin Respite Care Registry. This database allows families to find in-home or agency-based respite care providers that most closely meet their needs.







# Respite Care



# Provider Training

- The Respite Care Provider Training (RCPT) is for people interested in providing respite care to individuals with varying disabilities and ages across their lifespans. Learners can work to complete the ten required online courses at their own pace.
- There is no cost for any of the courses. Upon completion of The RCPT, learners will have the opportunity to be added to The Wisconsin Respite Registry, which is available to primary caregivers to search for respite care providers in their community.
- The RCPT Courses meet the respite training requirements for Wisconsin Medicaid Home & Community Based Waiver Programs.



# RCPT COURSES:

- **101: WHAT IS RESPITE?**
- **102: DISABILITY BASICS FOR RESPITE PROVIDERS**
- **103: CLIENT CARE FOR RESPITE PROVIDERS**
- **104: MEDICATION AWARENESS FOR RESPITE PROVIDERS**
- **105: SAFETY PROCEDURES FOR RESPITE PROVIDERS**
- **106: CARING FOR CHALLENGING MOMENTS FOR RESPITE PROVIDERS**
- **107: WELLNESS, HOUSEHOLD, AND RESPITE ACTIVITIES**
- **108: PROFESSIONAL ETHICS AND INTERPERSONAL SKILLS FOR RESPITE PROVIDERS**
- **109: MEETING WITH THE CAREGIVER AND CARE RECIPIENT**
- **110: NEXT STEPS IN BECOMING A RESPITE PROVIDER**



**RCAW**  
Respite Care Association  
of Wisconsin

RCAW's KIT for (primary/family) Caregivers offers free online courses, discussion topics, files, and worksheets covering various topics.



**RCAW**  
Respite Care Association  
of Wisconsin

## Respite 101 for Family Caregivers

An Introduction of Respite in Wisconsin



### **Respite 101 for Family Caregivers – An Introduction to Respite in Wisconsin:**

This course will provide information about the benefits of respite, the settings in which respite can be found, how funding works for respite care in WI, and how to apply it to major funding sources.

This information is available in two ways: Video Webinar or Online Training Module.

## How to Hire, Train, and Retain Respite Providers



### **How to Hire, Train, and Retain Respite Workers:**

In this course, primary caregivers will receive information and tools to find, hire, and retain a respite provider. Various worksheets and checklists will be given and available for download in the “files” section of your training account.

This information is available in two ways: Video Webinar or Online Training Module.



We understand that some caregivers might not have the time or accessibility to take the How to Hire, Train, and Retain Respite Providers course. If so, we have made the worksheets available to download.

How to Hire,  
Train, and Retain  
Respite Providers

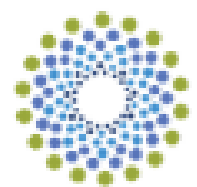


**RCAW**  
Respite Care Association  
of Wisconsin

**How to Hire, Train, and Retain Provider Course  
Worksheets:**

- **Hiring & Circles of Care**
- **Interview Questions**
- **Interview Situations**
- **Getting To Know**
- **Training A Respite Provider**

[Click Here to Download the Worksheets](#)



**RCAW**  
Respite Care Association  
of Wisconsin

[Click Here to Learn More](#)

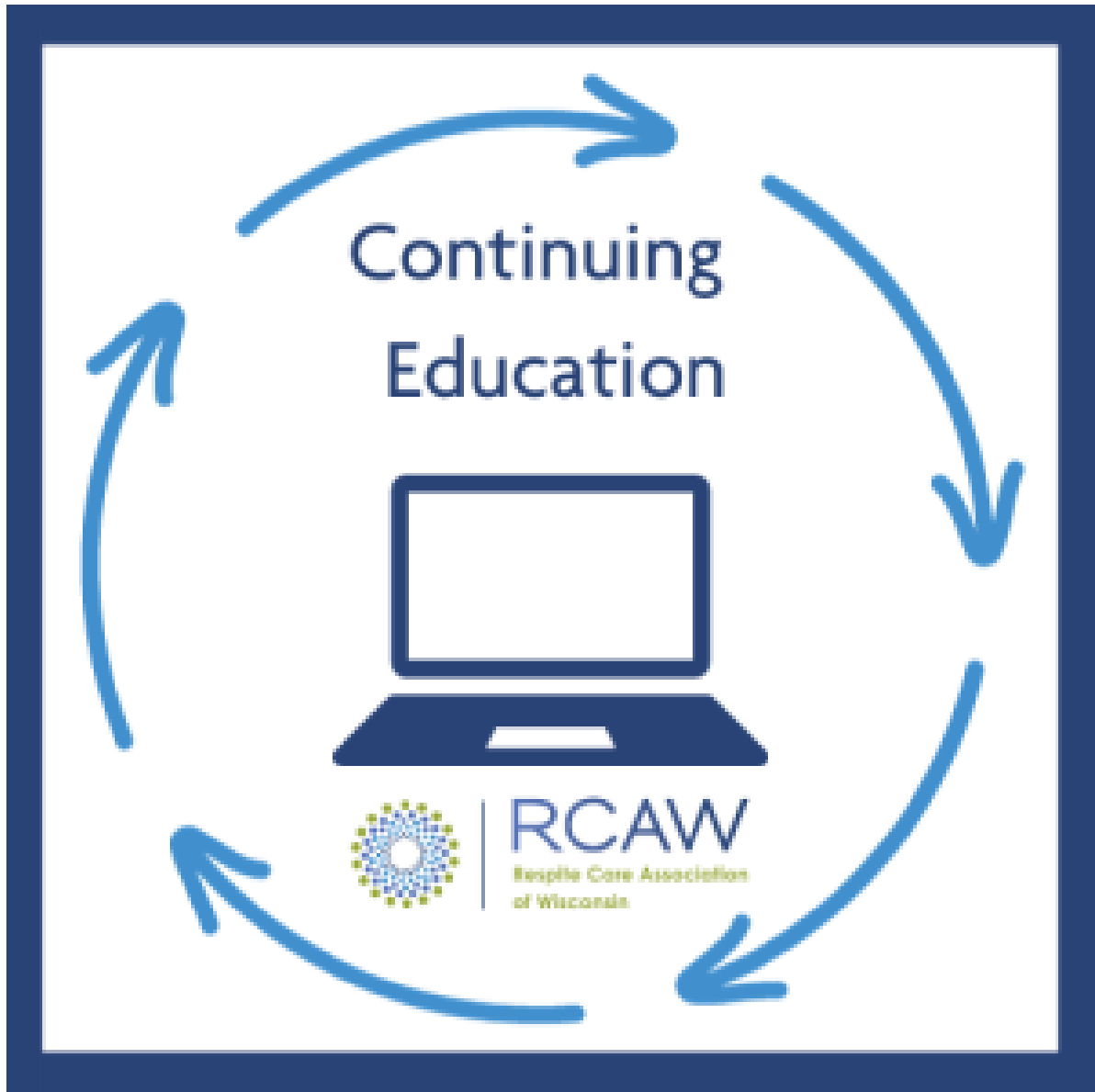
RCAW's KIT for Respite Providers offers free online courses, discussion topics, files, and worksheets covering various topics.

Courses in the KIT for Respite Providers:

- How to Market Yourself as a Respite Provider
- Becoming an Independent Respite Provider



**RCAW**  
Respite Care Association  
of Wisconsin



RCAW covers the cost of continuing education courses, using partnerships with subject matter experts on various topics for individuals who have completed the Respite Care Provider Training or Bringing Respite to Your Community. These courses are online.



The Respite Care Association of Wisconsin (RCAW) and the UW Oshkosh Center for Community Development, Engagement, and Training (CCDET) have partnered to offer online dementia courses by providing you with codes for the courses at no charge.

### Course Content

- Wisconsin Silver Alert Program
- Advance directives
- Successful communication in challenging situations
- Environmental safety for physical and emotional well-being
- Caring for caregivers

[Click Here to Learn More](#)





# Continuing Education: DirectCourse

“DirectCourse is an online training curricula, specifically tailored to empower the direct service workforce. Our mission? To ensure individuals with disabilities lead enriching lives within their communities.”

“DirectCourse is a collaboration between Elsevier and the University of Minnesota’s Research and Training Center on Community Living. Our vision was born from a simple idea: everyone deserves the best. DirectCourse was developed to equip the direct support workforce with top-tier training, ensuring unparalleled support for every individual and family. Our content, crafted by families of people with disabilities, former direct support professionals, and researchers, is a testament to community-driven excellence.”

<https://directcourseonline.com/educate-enrich-inspire/>





## ■ ■ ■ Continuing Education: DirectCourse

Through our partnership with DirectCourse, we have access to over 40 online courses with continuing education credits through the College of Direct Support (CDS), the College of Personal Assistance and Caregiving (CPAC), and the College of Frontline Supervision, Management, and Leadership (CFSM).





# ■ ■ ■ Continuing Education: DirectCourse

Some of the courses include:

- Understanding Transitions Across the Life Span
- Cerebral Palsy Care
- Diabetes Care
- End-of-life Care
- Teaching People with Developmental Disabilities
- Health Insurance Portability and Accountability Act (HIPAA)
- Maltreatment: Prevention and Response
- Understanding Depression
- Roles and Responsibilities of a Home Care Worker



<https://respitecarewi.org/wp-content/uploads/2024/02/Available-Courses-Through-the-RCAW-DirectCourse-Partnership.pdf>



# ■ ■ ■ Continuing Education: DirectCourse

If you want **free access** to DirectCourse or the CCDET Courses through August 2024, please email us at [info@respitecarewi.org](mailto:info@respitecarewi.org) indicating that you were at the RCAW Summit, and we will send you the request form. We have a LIMITED number of learner codes available so first come, first serve!

**OR**

You can find the request form under “Continuing Education Opportunities” on the RCAW website (please mention on form that you attended Summit):

<https://respitecarewi.org/continuing-education-opportunities>

# Order our Rack Cards at No Cost!



The rack card is divided into two main columns. The left column features the RCAW logo and contact information at the top, followed by a photo of a diverse group of people sitting on a porch. Below the photo are two sections: 'Caregiver Respite Grant Program' and 'Supplemental Respite Grant Program', each with a brief description. At the bottom of the left column is a note about RCAW's non-discrimination policy. The right column has a header 'MORE ABOUT THE GRANTS:' followed by 'ELIGIBILITY CRITERIA' and a list of conditions. Below that is 'VISIT OUR WEBSITE!' with a list of instructions for applying online. At the bottom of the right column is a note about other grants and a website link.

**RCAW** Respite Care Association of Wisconsin  
www.respitecarewi.org  
608-222-2033

## Grants for Family Caregivers



**Caregiver Respite Grant Program:**  
The Caregiver Respite Grant Program (CRGP) provides financial support for family caregivers for respite care. The grant allows caregivers to hire a respite provider of their choice to get a break from caregiving duties.

**Supplemental Respite Grant Program:**  
The Supplemental Respite Grant Program (SRGP) provides financial support for family caregivers for supplemental respite services. Allowable expenses include housekeeping, meal prep, laundry, lawn care, snow removal, transportation, and technology.

*RCAW shows no preference for whom family caregivers hire. They can hire friends, family members, neighbors, agencies, and assisted living and skilled nursing facilities.*

### MORE ABOUT THE GRANTS:

#### ELIGIBILITY CRITERIA

- An applicant has applied for Long-Term Care Waiver support(s) or other programs and:
  - Is not expecting to receive services or approval within thirty (30) days or is on a waitlist
  - Has been denied
  - Has been approved and has exhausted funding
  - Has applied and is receiving other supports, and needs flexibility for respite services not covered by current funding supports
  - Has not applied because they are ineligible

#### VISIT OUR WEBSITE!

- All applicants must have a valid email address and create a profile on RCAW's online fillable grant portal.
- You can visit our website to learn about the application process.
- Depending on funding, applicants may be able to reapply a few times yearly. Please visit the grant webpage for updated and accurate information.

Depending on projects & funding, other grants may be available for family caregivers. To learn more about grant programs, please visit: [www.respitecarewi.org/grants](http://www.respitecarewi.org/grants)

- About Us
- Free Training Courses
- Respite Connections & Wisconsin Respite Care Registry
- Grants for Family Caregivers

**Also available in Spanish!**

**¡También disponible en español!**



# **New & Expansion of Respite Care Program Opportunities: BRYC, StartUP, and HCBS Worker-Owned Cooperatives**

**10:15 am – 10:45 am**



**Executive Director, Lisa Schneider**



**RCAW**  
Respite Care Association  
of Wisconsin

## Bringing Respite to Your Community Workshop



Respite Care Association of Wisconsin

The Bringing Respite to Your Community (BRYC) Workshop is presented in weekly topics. You'll be able to complete the online workshop at your own pace. However, it is still recommended that you take the time to watch the videos, complete the reading, and finish the assignments before proceeding to the next weekly topic.

To date, we've had the following:

**293** have enrolled in the BRYC workshop series  
**86** have completed the BRYC workshop series



## Bringing Respite to Your Community Workshop



Respite Care Association of Wisconsin

## Weekly Topics:

- Week 1: Needs Assessment, Program Design, and Business Structure
- Week 2: Program Design and Licensing, Funding & Budgeting Intro
- Week 3: Insurance, legal information, accounting, and tax information
- Week 4: Policies and Procedures, Documentation, Marketing, Activity Design, Interviews with Respite Programs
- Week 5: Staffing & Volunteers, Recruitment & Hiring, Training, and Program Growth
- Week 6: Additional resources, grant writing, wrap-up assignments



## Bringing Respite to Your Community Workshop



Respite Care Association of Wisconsin

To get a certificate of completion, you will need to complete the assignment (program plan) and schedule a meeting with our contracted workshop instructor to discuss your program plan and ask any questions about designing your workshop.

If you have questions, please get in touch with [BrycStartUP@respitcarewi.org](mailto:BrycStartUP@respitcarewi.org).

For more info, here is the URL <https://respitcarewi.org/bringing-respite-to-your-community/>



*Funds for new respite care programs*



The StartUP Respite Grant Program (StartUP) provides funding for new respite programs or businesses in Wisconsin. Funds can be used for start-up program costs, such as facility, insurance, payroll, accounting, licensing, equipment, supplies, and staff education. Application requests are accepted throughout the year.

*This project was made possible by support from the Administration for Community Living (ACL) and the U.S. Department of Health and Human Services (HHS) as part of a financial assistance award (grant number 90LRL10050) totaling \$2,010,042 with 75% funded by ACL/HHS and \$502,968 (25%) funded by non-government source(s). The contents are those of the speakers and do not necessarily represent the official views of, nor an endorsement, by ACL/HHS, or the U.S. Government.*



**Completing RCAW's Bringing Respite to Your Community (BRYC) Workshop is a prerequisite to submitting a StartUP Respite Grant Program application.**

## **ELIGIBILITY**

- It must be either a
  - 1) New program or business or
  - 2) Starting a new respite program or location as part of an existing business (expansion)
- Program/Business must provide direct services in Wisconsin
- A key team member of the program/business must have completed the [Bringing Respite to Your Community \(BRYC\) Workshop](#)



This is an ongoing grant. The dates below are the same for the years 2022–2027.

|           | <b>Applications Due</b> | <b>Decision to Grantees</b> | <b>Grant Funds Mailed</b> |
|-----------|-------------------------|-----------------------------|---------------------------|
| Quarter 1 | December 15             | December 29                 | February 5                |
| Quarter 2 | March 15                | March 31                    | May 5                     |
| Quarter 3 | June 15                 | June 30                     | August 5                  |
| Quarter 4 | September 15            | September 30                | November 5                |

Grant requests can range from **\$5,000** to **\$25,000**.

The StartUP is a highly competitive grant opportunity. To date, we've had the following:

- **34** StartUP Grant **applications received**
- **13** StartUP Grants **awarded**



# This can be YOU!



NatEsha Kelly of Milwaukee is a past participant in the Bringing Respite to Your Community (BRYC) Workshop and awardee of a StartUp Grant.

Recently, Natesha opened a licensed adult family home, Trusted Care LLC, in Milwaukee. Congratulations, Natasha! Thank you for providing invaluable respite services to those in your community!

---



Urban Angels Traveling Play Care is another proud RCAW StartUP Grant recipient. They offer a “groundbreaking service that fosters a win-win social experience for caregivers and their children during special events and community activities. This initiative aims not only to support caregivers but also to nurture the growth and development of children in a fun and engaging setting.”



## **New Project: Worker-Owned Home and Community-Based Services (HCBS) Cooperatives**

The Respite Care Association of Wisconsin (RCAW) is developing a worker-cooperative model to address the state's shortage of respite care. RCAW aims to offer technical guidance, tools, resources, and StartUP funding to facilitate the establishment of new worker-owned HCBS cooperatives in the respite care sector.

Collaborating with the ICA Group (ICA) and the UW Center for Cooperatives (UWCC), we are well-equipped to develop a program that maximizes efficiencies by leveraging existing assets and resources and positioning new cooperative ventures for success. In a nutshell, we will use our collective resources, identify needed resources, and develop them.



# New Project: Worker-Owned Home and Community-Based Services (HCBS) Cooperatives

## What is a Worker Cooperative?

- Worker cooperatives are owned and operated by their employees.
- This allows the worker-members to directly benefit from the business's success.
- Profit distribution to worker-members is based on a combination of job position, hours worked, seniority, and salary.
- The model has proven to be an effective tool for creating and maintaining sustainable, dignified jobs; generating wealth; improving the quality of life of workers; and promoting community and local economic development, particularly for people who lack access to business ownership or sustainable work options.
- One of the most versatile cooperative forms, worker cooperatives are found in a variety of sectors, from transportation to manufacturing to home healthcare.



## **New Project: Worker-Owned Home and Community-Based Services (HCBS) Cooperatives**

This project is in its infancy, but wanted to let you know where we are at. There are two key steps we are working on right now.

- **Implementing Cooperative Content into the Brining Respite To Your Community (BRYC) (Training)**
  - Incorporating worker-owned cooperative information into the existing six BRYC training courses
  - Creating a new seventh course if need be.
- **Finalizing Program Design (Technical Supports for Exploration, Development, and Sustainability)**
  - We will be structuring and phasing supports for cooperative startups with the offerings of the ICA Group, UW Madison Center for Cooperatives, and RCAW.
  - Developing an application with information on participant criteria and the evaluation process.
  - Creating an outreach strategy.
  - Development of program materials and promotional efforts, if requested.





# New Project: Worker-Owned Home and Community-Based Services (HCBS) Cooperatives

## Proposed Worker-Owned HCBS Cooperative Model:

**Step 1:** Complete the BRYC training.

**Step 2:** Meet with BRYC consultant, present your project idea, earn your BRYC Certificate of Completion.

**Step 3:** Complete an application to create a worker owned cooperatives - will be specific to cooperatives.

**Step 4:** RCAW and UW Center for Cooperatives will review application using specific evaluation criteria including:

**Step 5:** If you meet the evaluation criteria, you will be notified to undertake this step which is to set up a meeting with RCAW and UW Center for Cooperatives to discuss:

**Step 6:** Create a cooperative business plan with specific components including:

**Step 7:** You are now eligible to apply for a StartUP Grant and can move forward with engaging the ICA Group to engage Launch Support/Technical Assistance:





# New Project: Worker-Owned Home and Community-Based Services (HCBS) Cooperatives



Questions?

Contact Lisa Schneider

[lschneider@respitecarewi.org](mailto:lschneider@respitecarewi.org)



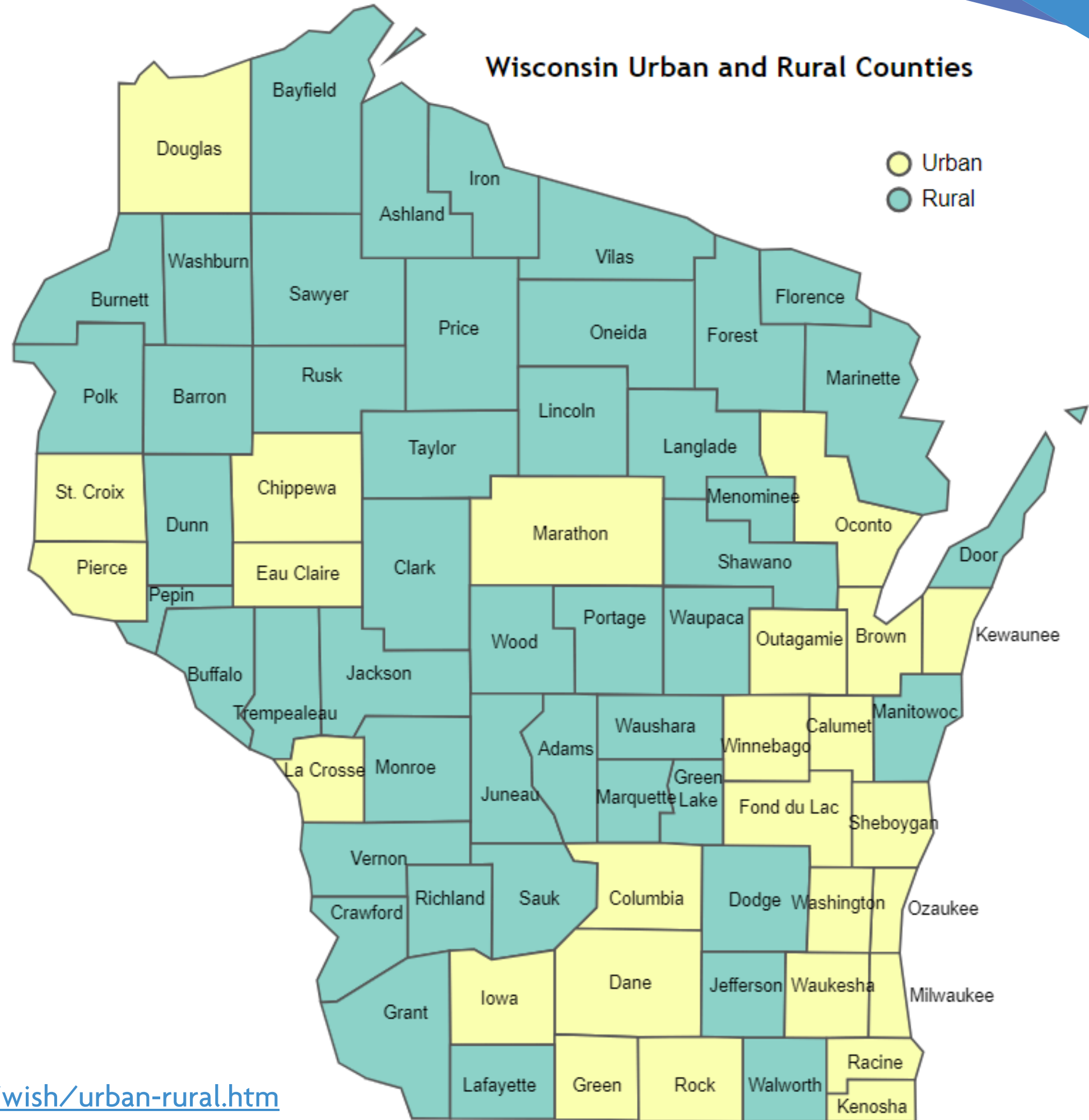
# World Cafe Finding Respite Providers in Rural Areas

46 out of 72  
counties are  
identified as  
rural



**RCAW**  
Respite Care Association  
of Wisconsin

<https://www.dhs.wisconsin.gov/wish/urban-rural.htm>





# Finding Respite Providers in Rural Areas

**Areas of focus:**

**Providers**

**Awareness**

**Data**

**Transportation**





# **Lunch & Networking, Visit Vendors in Silverleaf Ballroom**

**Noon – 1 pm**



**RCAW**  
Respite Care Association  
of Wisconsin

**[www.respitecarewi.org](http://www.respitecarewi.org)**



# Navigating Respite with Brenda Hines

1 pm - 1:45 pm

## Utilizing RCAW Resources and Trainings



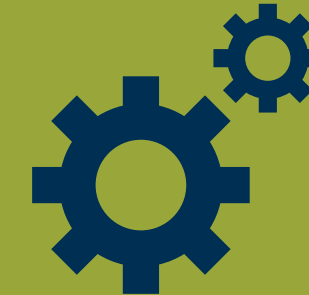
### Trainings

Respite Care Provider Training  
KIT for Respite Providers  
Bringing Respite to Your  
Community



### Registry Profile and Systems

Wisconsin Respite Care  
Registry  
Respite Connections



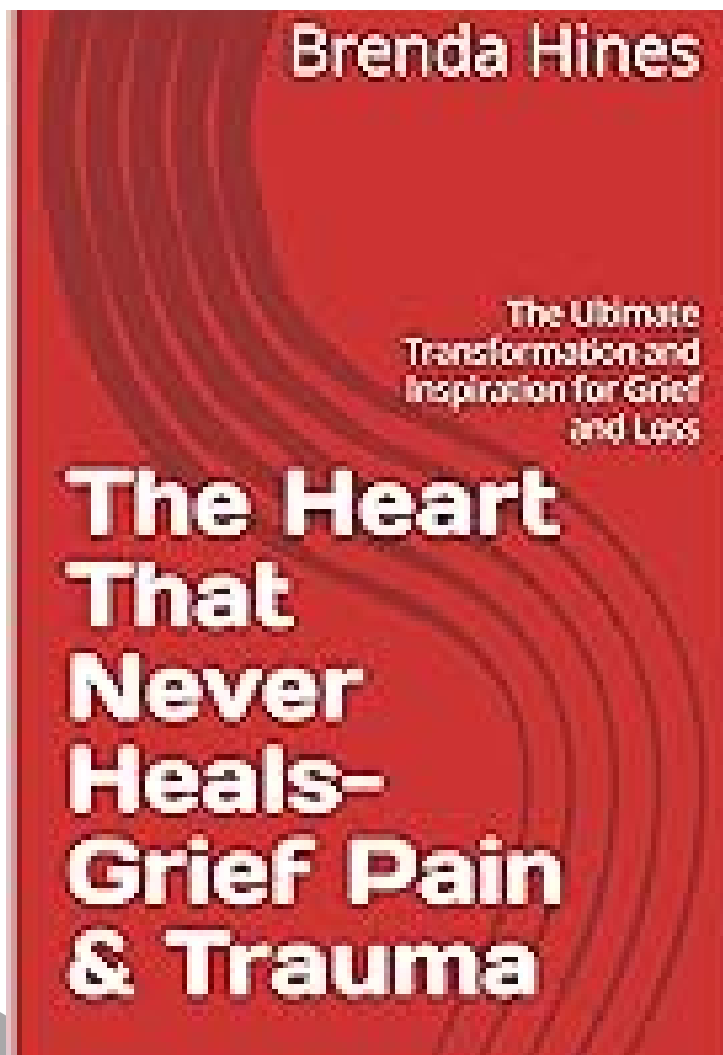
### Maintenance and Support

Newsletters  
Webinar Wednesdays  
Continuing Education



# Brenda Hines

## Donovan Hines Foundation



Donovan Hines Foundation of  
Exuberance



# Building a Trauma-Informed and Responsive Communities

1:45 pm - 2:45 pm



**Joshua P. Mersky, PhD**  
Professor, Helen Bader School of Social Welfare  
Co-Director, Institute for Child and Family Well-being  
University of Wisconsin-Milwaukee

**James 'Dimitri' Topitzes, PhD, LCSW**  
Professor and Chair, Social Work Department  
Director of Clinical Services, Institute for Child and Family Well-being  
University of Wisconsin-Milwaukee





# Conclusion

**Collect Evaluations & Feedback**

**1:45 pm - 2:45 pm**



**RCAW**

Respite Care Association  
of Wisconsin

# THANK YOU!

 608-222-2033

 [www.respitecarewi.org](http://www.respitecarewi.org)

 [info@respitecarewi.org](mailto:info@respitecarewi.org)



**RCAW**  
Respite Care Association  
of Wisconsin