Student Respite Toolkit

What is the Student Respite Toolkit?

The Student Respite Toolkit is a FREE online resource that provides comprehensive, step-by-step guidance to academic programs on how to establish partnerships with existing respite programs, and develop their own respite programs, that will provide students with unique experiential learning opportunities while also expanding respite care for family caregivers.

What are the benefits of Student Respite Programs?

Student Respite Programs have many benefits to academic institutions, students, respite programs, family caregivers, and individuals receiving respite. Academic institutions benefit from increasing experiential learning opportunities for students. Students benefit from enhanced knowledge and skills working with individuals with disabilities. Respite programs benefit by expanding their ability to provide respite. Family caregivers benefit from receiving a much-needed break from the constant demands of caregiving. Finally, individuals receiving respite benefit from engaging in fun and personalized activities in a safe environment.
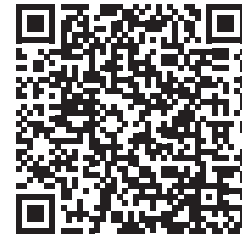
What is included in the Student Respite Toolkit?

The Student Respite Toolkit provides comprehensive, step-by-step guidance to academic programs on the following topics:

✓ Overview of Existing Programs

✓ Starting a Program

✓ Logistics

✓ Budget/Funding

✓ Recruitment/Marketing

✓ Training Students

✓ Liability

✓ Program Management/ Sustainability

✓ Evaluation

How was the Student Respite Toolkit developed?

The Student Respite Toolkit was informed by an environmental scan that included a review of research articles and other publications. A national survey was also conducted to help identify existing student respite programs and one-on-one interviews were conducted with program leads to help better understand how programs were developed, maintained, and evaluated. The Student Respite Toolkit was developed by the Respite Care Association of Wisconsin in partnership with the Whitmore Research Team at Marquette University. Funding for the Toolkit was provided by a grant from the Administration for Community Living.

What is the Student Respite Collaborative?

The purpose of the Student Respite Collaborative is to connect academic partners and program staff involved in student respite programs to share ideas, best practices, and identify potential collaborative opportunities. The Student Respite Program Collaborative is led by the *Building Respite Evidence and Knowledge (BREAK) Exchange* in partnership with the *Respite Care Association of Wisconsin* and the *ARCH National Respite Network and Resource Center*. The Collaborative meets on the first Monday of every month from 12–1 pm CT. At this meeting, you will have an opportunity to network with other individuals involved in student respite programs. Register at *bit.ly/StudentRespiteCollaborative*.

How can I access the Student Respite Toolkit?

You can request FREE access to the Student Respite Toolkit by completing the online request form at *https://bit.ly/StudentRespiteToolkit* or by scanning the QR code provided.

Who do I contact for more information?

For more information, please email *info@studentrespitetoolkit.com*.

RCAW | Respite Care Association of Wisconsin

MARQUETTE UNIVERSITY | BE THE DIFFERENCE.

ACL | Administration for Community Living