

# We Are Forming an *Expanding Respite Options* Workgroup!



Wisconsin  
Family and Caregiver  
Support Alliance

We're not just starting a generic respite workgroup; we're creating a **high-impact, statewide "Expanding Respite Options" workgroup** under the Wisconsin Family and Caregiver Support Alliance (WFACSA) with the added muscle of Wisconsin's Area Agencies on Aging, State of Wisconsin, and RCAW's resources and connections.

**Purpose:** To accelerate access to diverse, high-quality respite options for Wisconsin's family caregivers and their loved ones—through collaboration, innovation, and action. We are looking to **build a powerhouse workgroup**. We want decision-makers, doers, drivers, and diversity to make up our workgroup, including:

- **Family caregiver voices** (urban, rural, diverse cultural backgrounds)
- **Providers** (nonprofit respite programs, in-home care, adult day services, camps, faith-based)
- **System players** (ADRC directors, Aging Units, DHS reps, county human services)
- **Workforce pipelines** (tech colleges, nursing schools, volunteer corps)
- **Innovators** (co-op developers, app developers, cultural connectors)
- **Researchers and Data Analysts**

**Promise:** Meetings will be **energizing and action-oriented**, resulting in tangible next steps, valuable connections, and new resources you can use today. We also promise to:

- **Keep meetings to 60 minutes:** 15 min updates, 35 min working session, 10 min commitments
- **Rotate facilitation** to keep voices fresh and ensure shared leadership
- **Visual progress tracking** using a shared dashboard
- **Quick wins:** Start with something that can be achieved in 60 days, so we build momentum!



## **Goals:**

- **Identify underserved areas** through a comprehensive environmental scan to better target caregiver support.
- **Promote existing services** so more caregivers know about and use available support.
- **Develop innovative solutions** to meet the greatest unmet caregiver needs.
- **Build a data dashboard** to track respite services and outcomes.
- **Expand National Respite Care Provider Training (NRCPT) uptake** to strengthen the respite care workforce.

## **Plan for Sustainability**

- Have a **core steering team** of 5–7 who keep things moving between meetings
- Rotate small **task forces** for projects, so no one feels overburdened
- Celebrate annually (at the **Wisconsin Respite Summit**) with recognition awards

# Expanding Respite Options Workgroup Application

**Objective:** This form is for individuals who are committed to taking action to help the Wisconsin Family and Caregiver Support Alliance's ***Expanding Respite Options Workgroup*** achieve its goals. Please fill out the form completely so we can understand your background and how you can contribute.



**Date of Application:** \_\_\_\_\_

## 1. Personal Information

- Full Name: \_\_\_\_\_
- Email Address: \_\_\_\_\_
- Phone Number: \_\_\_\_\_

## 2. Professional Information

- Company/Organization: \_\_\_\_\_
- Job Title: \_\_\_\_\_

## 3. Interest and Motivation

- **Why are you interested in joining this workgroup?** (e.g., project relevance, skill development, networking)  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

- **Which of the workgroup's objectives are you most passionate about?** (Check all that apply)
  - **Identify underserved areas** through a comprehensive environmental scan to better target caregiver support.

- **Promote existing services** so more caregivers know about and use available support.
- **Develop innovative solutions** to meet the greatest unmet caregiver needs.
- **Build a data dashboard** to track respite services and outcomes.
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#### **4. Skills and Experience**

- **Please list any skills or experience relevant to this workgroup's goals** (e.g., project management, data analysis, graphic design, specific software expertise).

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- **What specific contribution do you hope to make to the workgroup?**

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**6. Signature and Agreement:** By signing below, I confirm that the information provided is accurate and that I understand the commitment required to participate in the Wisconsin Family and Caregiver Support Alliance's Expanding Respite Options Workgroup.

**Typed Name:** \_\_\_\_\_

**Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

Questions? Contact RCAW's Executive Director, Lisa Schneider: [lschneider@respitcarewil.org](mailto:lschneider@respitcarewil.org)